REVIEW



A Modern Perspective on Vaccinating Healthcare Service Providers in India: A Narrative Review

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ABSTRACT

Healthcare providers (HCPs) are at increased risk of acquisition and transmission of infectious disease. Vaccinating HCPs is an essential preventive measure to protect them and their patients against communicable diseases, while positively and directly impacting the functioning of the healthcare system. In India, healthcare represents one of the largest employment sectors with 3.8 million HCPs; however, there is limited awareness of national immunisation

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P. Dewda (⊠) Vaccines Medical, No 252, Dr Annie Besant Rd, Worli Shivaji Nagar, Worli, Mumbai 400018, Maharashtra, India e-mail: pavitra.r.deeywadaa@gsk.com guidelines for the Indian HCP population. Data from communicable disease outbreaks across India suggest inadequate vaccination rates amongst HCPs; studies have reported influenza and varicella vaccination rates as low as 4.4% and 16%, respectively. In this review, we discuss data highlighting the impact of insufficient vaccination coverage, barriers to vaccination, and the lack of immunisation guidelines amongst HCPs in India. COVID-19 vaccination programmes for HCPs have been critical in slowing the pandemic in India. This provides an opportunity to raise awareness about the importance of vaccines amongst HCPs in India.

Keywords: Healthcare providers; India; Recommendations; Vaccination

Key Summary Points

Healthcare providers (HCPs) are the frontline workforce tackling infectious and vaccine-preventable diseases (VPDs)

With limited awareness regarding immunisation guidelines amongst HCPs in India, vaccination coverage is low

This can have a significant impact on the health of HCPs and patients, placing an unnecessary burden on the healthcare system

There are several barriers to vaccination uptake in HCPs, including a lack of awareness regarding the risk of VPDs and available vaccines

With effective education and implementation of immunisation programmes, vaccine uptake may increase amongst HCPs

INTRODUCTION

Healthcare providers (HCPs) are a diverse group of professionals, including physicians, nurses, emergency medical personnel, dental professionals, students, laboratory technicians, pharmacists, hospital volunteers, hospital administrative staff and others. HCPs can be defined as "all paid and unpaid persons working in healthcare settings who have the potential for exposure to patients and/or to infectious materials, including body substances, contaminated medical supplies and equipment, conenvironmental taminated surfaces. or contaminated air" [1]. They form the backbone of healthcare services and are responsible for the consistent functioning of various facilities. Therefore, HCPs must be protected against adverse health-related conditions that may result from their work, where they are regularly exposed to communicable and non-communicable diseases [2].

Communicable diseases and related adverse health outcomes are a concern for HCPs and their patients. Face-to-face visits allow HCPs to provide invaluable healthcare services to the patient; however, they are at increased risk of communicable disease [2]. For example, transmission of the influenza virus can occur from HCPs to patients and from patients to HCPs [3]. The significance of possible transmission is exacerbated in at-risk populations, including those who are pregnant, immunocompromised or have comorbidities [4]. In the event of nosocomial disease outbreaks in the healthcare setting, control measures can include closure of medical departments, but this is a costly measure. One analysis from August 2005 investigated global outbreaks reported at www. outbreak-database.com and showed that 38.5% of influenza outbreaks resulted in closure of hospital units in an attempt to reduce the spread of the disease [5]. An additional burden on healthcare services is the transmission of infections from HCPs to family members, which has been observed in the recent COVID-19 pandemic [6]. Initial reports from a Wuhan hospital during the COVID-19 pandemic revealed that 29% of the cases were HCPs infected with SARS-CoV-2 while treating patients. Of these, 77.5% worked on general wards, 17.5% were from the emergency department and 5% were from intensive care units [7]. Healthcare services risk being understaffed if HCPs are unable to work when infected [8]. This highlights that more cost-effective, protective measures against infectious diseases are needed for HCPs. HCP health and wellbeing is a key consideration in the context of infectious diseases and can be achieved through preventative measures, including telemedicine and vaccination. Initiatives that incorporate vaccination against vaccine-preventable diseases (VPDs) may prevent the transmission and/or acquisition of infections in HCPs [8].

In India, healthcare represents one of the largest employment sectors; however, many HCPs are not routinely vaccinated against VPDs and, due to various barriers, increasing immunisation coverage is a challenge. The COVID-19 pandemic has highlighted the need for better healthcare and disease prevention, especially amongst HCPs. The successful rollout of COVID-19 vaccination programmes amongst HCPs has been critical in slowing the pandemic not only in India but also around the world and will probably positively influence the attitudes and perceptions that HCPs have towards vaccinations in general. This provides an opportunity to raise awareness about the importance of vaccinating against VPDs and the need for routine immunisation programmes amongst HCPs in India. In this article we review the current data highlighting the impact of insufficient vaccination coverage and provide recommendations for increasing vaccine uptake amongst HCPs in India.

SEARCH STRATEGY AND SELECTION CRITERIA

Literature searches were performed using PubMed, Embase and Google Scholar. Search terms were: (hepatitis B AND healthcare providers AND India AND "last 10 years" [PDat]); (India; health personnel; influenza, human); (Mumps OR Rubella OR Measles OR Varicella OR chicken pox AND health care workers AND India); health personnel; tuberculosis; India. Additional searches were performed for COVID-19, hepatitis A, meningococcal, diphtheria, pertussis and tetanus vaccinations among HCPs in India. Abstracts and articles were reviewed and relevant data extracted to give the final list of references used. Limitations of this review: the literature search was not systemically designed and the VPDs covered were based on their incidence or impact within the Indian HCP population and may not be all inclusive. This article is based on previously conducted studies and does not contain any new studies with human participants or animals performed by any of the authors.

INDIA'S HEALTHCARE SYSTEM

The Indian healthcare industry is one of the largest sectors in the country with respect to employment and revenue [9]. Moreover, India is becoming a hub of medical tourism due to the

reduced cost and the easy access of healthcare services compared with other countries [10].

India's healthcare system consists of the traditional and modern healthcare systems. Ayurveda, Unani, Siddha and Homeopathy (AYUSH) is the traditional system, which is governed by the Central Council for Indian Medicine (CCIM). The modern system is regulated by the National Medical Commission, replacing the Medical Council of India [11, 12]. The number of CCIM and National Medical Commission colleges in India are shown in Fig. 1 and there were an estimated 3.8 million HCPs in India as of January 2016 [13]. Such a large workforce that cares for the Indian population of 1.33 billion must be protected against acquisition and transmission of infectious diseases while caring for patients [11].

Healthcare in India is further divided into public and private sectors. Usually, the private sector is well equipped with up-to-date technology and modern facilities. However, affordability is a barrier that limits access, with many people in India having low socio-economic status. Overcrowding can occur in both sectors, but is a particular risk in the public sector, which offers most of its services at no cost or comparatively low costs [14]. Overcrowding is an additional risk for the spread of infections and VPDs among HCPs, patients and their visitors, where general wards, waiting halls and emergency departments are often poorly ventilated. To improve our understanding of this risk, we review existing seroprevalence studies to assess the vulnerability of HCPs to infectious diseases.

VPDS AND THEIR IMPACT ON HCPS ACROSS INDIA

India boasts the largest immunisation programme in the world, vaccinating an estimated 26.7 million infants and 30 million pregnant women per year; however, increasing immunisation coverage is still a challenge. In 2016, an estimated 38% of children did not receive all basic vaccines in their first year; low uptake in isolated or poorly informed communities and fears of adverse events continue to contribute to



Fig. 1 Number of Central Council for Indian Medicine and National Medical Commission colleges in India. ^aAs of 2014. Remaining data are as of 2017. Source: Central Council of Indian Medicine 2014 estimates https://www. ccimindia.org/index.php. Accessed September 2021. 2017

low vaccination coverage [15]. HCPs can also have poor uptake of vaccinations, with influenza vaccine coverage as low as 4.4% in one study [16]. Unfortunately, this low uptake (Fig. 2) can have a significant impact on the health of HCPs and patients, as discussed in the following sections.

Measles, Mumps and Rubella

In adults, measles infection may lead to complications such as hepatic and renal impairment [17, 18], mumps infection may lead to complications like orchitis, acute demyelinating

Estimates of Central Bureau of Health Intelligence and National Health Profile 2018. http://www.cbhidghs.nic. in/WriteReadData/1892s/Before%20Chapter1.pdf. Accessed September 2021. The National Medical Commission has now replaced the Medical Council of India

encephalomyelitis and meningoencephalitis, and rubella infection can lead to severe arthralgia in adults or congenital defects in the foetus in young pregnant women [19].

Several studies have investigated HCP susceptibility to measles, mumps and rubella in India. A cross-sectional study assessing the serological status among medical, dental and nursing students at Manipal University in Karnataka State, South India, revealed that 9.5%, 32.0% and 16.6% of students were susceptible to measles, mumps and rubella, respectively [19]. An investigation into a measles outbreak at a college in Pune, India, found that 23% (7/31) of medical students tested positive for the



Fig. 2 HCPs receiving vaccines across centres in India. ^aBhatti VK, et al. Med J Armed Forces India 2014;70:220–4; ^bSwarnapriya K, et al. Asian Pac J Cancer Prev 2015;16:8473–7; ^cPandey S, et al. Indian J Med Res 2013;137:388–90; ^dSingh MP, et al. J Med Virol 2010;82:341–4; ^cAnjum FB, et al. Int J Med Res Health Sci 2016;5:115–20; ^fPhukan P, et al. Int J Occup Environ

measles immunoglobulin (Ig)M antibody, 65% (20/31) had a history of contact with confirmed measles cases and 100% had an unknown measles vaccination status [20].

Other studies from India have reported rubella outbreaks in medical colleges among medical students, nursing students and other healthcare staff. In Chandigarh, 23 cases of rubella were reported among medical students, nurses and administrative staff in a healthcare centre in May and June 2008; no one had been vaccinated against rubella [21]. In a follow-up analysis at the same institute assessing the rubella serological status of HCPs and the need for vaccination, 15.3% (48/313) of HCPs were seronegative (< 10 IU/ml) for antibodies against the rubella virus and therefore susceptible to rubella infection. Of those seronegative HCPs, 60.4% (29/48) had a history of contact with pregnant women in their workplace [22]. Similarly, a study conducted in Jodhpur among female medical and nursing students found that 14.4% were seronegative for rubella antibodies with no history of vaccination in childhood or adolescence [23], and a study of HCPs in Madurai found that 11.4% (66/581) of HCPs were seronegative for rubella IgG and IgM

Med 2014;4:40–50; ^gPathak R, et al. Int J Med Public Health 2013;3:55–9; ^hKumar S, et al. International J Sci Study 2014;1:43–6; ⁱDev K, et al. J Assoc Physicians India 2018;66:27–30; ^jSukriti, et al. J Gastroenterol Hepatol 2008;23:1710–5. HBV, hepatitis B virus; HCP, healthcare provider; HPV, human papillomavirus

antibodies [24]. Additionally, in a seroepidemiological study of women in Amritsar, 20% of women who were HCPs were seronegative for rubella IgG antibodies; these HCPs had no history of immunisation against rubella [25]. A multicentre study conducted in several hospitals across the Tamil Nadu districts of India investigating the serological status of female staff reported that 15% of female HCPs were seronegative for IgG antibodies against rubella [26].

Varicella

Varicella may lead to severe complications in adults, including neurological complications, viral and bacterial pneumonia, septicaemia and osteomyelitis. Pneumonia complications associated with varicella infections occur more frequently in adults compared with children [27].

Country-specific susceptibility to varicella infection among HCPs can range from 5 to 50% [28]. In a study carried out in Mumbai, 28% of nurses were found to be seronegative for antibodies against the varicella zoster virus [29], and in another study, varicella susceptibility among medical, dental and nursing students was found

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to be 25.8% [19]. Similarly, a study in a tertiary care hospital in Pune, India, reported that 25.6% of the 78 nursing and medical students were susceptible to varicella infection [30]. A retrospective study conducted in a hospital in Vellore, India, revealed an annual varicella incidence rate of 0.72%, increasing to a rate of 3.22% among student nurses; serological samples taken prior to admission revealed only 29.7% of student nurses produced antibodies against the varicella zoster virus [31]. A similar study conducted in the same institute 17 years later reported an annual incidence rate of 1.54% among student nurses [32].

Susceptibility to varicella can contribute to outbreaks of varicella infection. A varicella outbreak was reported in the intensive care unit of a tertiary care hospital in Punjab, India, where a nursing student was diagnosed with varicella after contact with a patient admitted because of a road traffic accident, who developed herpes zoster lesions. Subsequently, eight more HCPs caring for the patient across different shifts were diagnosed with varicella [33]. Another study conducted in a hospital in New Delhi, India, reported a nurse diagnosed with varicella after contact with an immunocompromised patient. In total, eight HCPs who came into contact with the same patient were also diagnosed with varicella [34]. Incidences of secondary and tertiary varicella outbreaks have also been reported among HCPs at a tertiary care hospital in Jaipur, India. The index case was an immunocompromised patient admitted with fever and pain in their abdomen who also showed signs of varicella infection. Of the six HCPs exposed to the patient, one had a history of varicella infection and the remaining five were vaccinated within 8 h of exposure. After approximately 2 weeks, six HCPs were diagnosed with varicella, three of whom were vaccinated. After approximately 10-21 days there were eight additional HCP cases. These HCPs had no prior direct contact with the patient but lived or worked with the HCPs who experienced the initial infections [35].

Outbreaks may also occur in the healthcare setting during medical procedures. Such an incident resulted from an autopsy of an immunocompromised patient, performed by 22 HCPs, including 19 medical students, one pathologist and two assistants. After approximately 2 weeks, one student was diagnosed with varicella, followed by three additional HCPs present during the autopsy. All infected HCPs had experienced splashes of blood on exposed areas and unbreeched skin. Two HCPs had a history of varicella infection, whereas the other two reported no prior varicella infection [36].

Influenza

In 2020, the National Centre of Disease Control in India reported 2752 cases of seasonal influenza and 44 deaths [37]. Infection from the influenza virus has always been a major concern for healthcare services, highlighted by several previous influenza pandemics. The influenza pandemic of 2009, caused by a new influenza A virus subtype H1N1 (also referred to as 'swine flu'), spread rapidly within a short time, causing > 200,000 deaths worldwide [38]. In a metaanalysis, the odds of infection with the H1N1 virus among HCPs were 2.08 with a pooled prevalence of 6.3% [39]. Reports from Pune, India (one of the worst affected cities during the 2009 pandemic) revealed that 21.3% of HCPs testing positive for H1N1 reported prior contact with diagnosed cases of H1N1 infection [40]. Moreover, in a seroepidemiology survey study conducted in Pune, 12.0% and 15.1% of hospital staff and general practitioners, respectively, tested seropositive for antibodies against H1N1 during the 2009 pandemic. This was considerably higher than the general population and was attributed to contact with patients presenting with influenza-like illness [41]. Increased risk of H1N1 transmission among HCPs working in the intensive care unit compared with those working in the community was also observed in a study conducted at the Christian Medical College, Vellore, India [42].

In terms of vaccination against influenza, vaccine coverage among HCPs in the US was 81.1% in 2018–2019 [43]. An analysis by Haviari et al. showed that Croatia's influenza vaccine coverage was 19% (2013) and in Greece it was 21% (2008); India was reported to have the



Fig. 3 Global hepatitis B and influenza vaccination coverage among HCPs. Sources: Delhi: Sukriti, et al. J Gastroenterol Hepatol 2008;23:1710–5. Mangalore: Kumar HN, et al. Ann Glob Health 2015;81:664–8. Bhopal: Singh A. J Dent Educ 2011;75:421–7. Tanzania: Aaron D. BMC Infect Dis 2017;17:786. Cameroon: NDongo CB. J Viral Hepat 2018;25:1582–7. Italy:

lowest vaccination coverage of < 5% (2010) (Fig. 3) [28]. In addition, a study in Srinagar, India, observed that only 4.4% of HCPs had received vaccination against influenza at a frequency of 1–3 times in the last 5 years [16].

Hepatitis A

Hepatitis A virus (HAV) is transmitted primarily through the faecal-oral route and usually causes an acute, self-limiting liver infection and, in adults, can result in jaundice. Among HCPs, it has been shown that seropositivity for anti-HAV antibodies through previous exposure can vary because of factors including age, education, occupation, income and socio-economic class [44]. However, in India, a decline in infection rate in children due to improved living conditions has led to an increase in susceptible adults, who are more likely to have severe morbidity and mortality if not exposed in childhood [45–47]. This is highlighted by HAV outbreaks that have disproportionately affected adolescents and adults compared with children [48]. In Kerala, an outbreak in 1998 led to 399 cases of hepatitis A, 65% of which were in adults aged

Genovese C, et al. J Prev Med Hyg 2019;60:E12–E17. China, Croatia, France, Germany, Greece, Hungary, India, Qatar, UK (England), USA: Havairi S, et al. Hum Vaccin Immunother 2015;11:2522–37. Canada: Hussain H, et al. Influenza Other Respir Viruses 2018;12:319–25. France 2006–2007: Loulergue P, et al. Vaccine 2009;27:4240–3. HBV, hepatitis B virus; HCP, healthcare provider

15–33 years [49]. In 2004, an outbreak occurred at a medical college hospital, also in Kerala; of 1180 cases, 540 were from the college, including 170 HCPs, and two deaths were reported among doctors [50]. Due to the historically high seroprevalence of HAV antibodies from a young age in India, there is no universal vaccination against HAV recommended for children, and HCPs are not universally included in the list of at-risk adults for whom a HAV vaccination is recommended [51, 52]. With an increasing population of adults who are seronegative for anti-HAV antibodies, vaccination is becoming increasingly important. Vaccination in children could provide protection into adulthood [53]; however, it is also important to consider broadening HAV vaccination coverage in adult populations, particularly for at-risk groups such as HCPs.

Hepatitis **B**

Hepatitis B virus (HBV) is transmitted through blood and bodily fluids. It infects the liver, causing acute or chronic hepatitis B. HBV infection among HCPs is an occupational

	HCPs experiencing needle stick injuries, %					
	Consultants	Residents	Interns	Staff nurses	Lab technicians	Support staff
Rishi E et al. 2017 ^a	21	NR	24	23	10	6
Swetharani et al. 2016 ^b	NR	67.5	NR	34.1	10	NR
Rajkumari N et al. 2014 ^c	NR	NR	NR	14.60	0.30	8.60
Sharma A et al. 2012 ^d	NR	27.08	47	10.10	NR	1.10
Sharma R et al. 2010 ^e	NR	NR	16.20	21.40	25.60	NR
Mehta A et al. 2010 ^f	16	NR	NR	44	9	23
Mehta A et al. 2005 ^g	11	NR	NR	45	11	33

Table 1 Needle stick injuries among Indian HCPs

HCP, healthcare provider; NR, not reported

^aRishi E, et al. Indian J Ophthalmol 2017;65:999–1003

^bSwetharani K, et al. Indian J Occup Environ Med 2016;20:138–43

^cRajkumari N, et al. Injury 2014;45:1470–78

^dSharma A, et al. Indian J Public Health 2012;56:101–03

^eSharma R, et al. Indian J Community Med 2010;35:74–7

^fMehta A, et al. Indian J Med Microbiol 2010;28:17–20

^gMehta A, et al. J Hosp Infect 2005;60:368–73

hazard because of frequent exposure to infectious bodily fluids. It has been estimated that globally around 3 million HCPs experience such exposure each year [54]. One of the most frequent ways HCPs are exposed to HBV is through needle stick injuries (NSIs). Several studies have been conducted assessing NSIs among HCPs in India (Table 1). Several HBV outbreaks in healthcare settings around the world have been reported, where the strain of HBV determines the severity of the resultant disease [55–58]. These studies highlight the need for additional efforts, beyond strict hygiene standards and adherence to standard precautions, to reduce the risk of HBV transmission in healthcare settings. Vaccination against HBV infection among HCPs is relatively low ranging between 25.8% and 55.4% in centres across India; vaccination coverage in some other areas of the world is also inadequate (Figs. 2, 3). In studies conducted in New Delhi and Bhopal, 44.6% of HCPs in New Delhi and 61.2% of HCPs in Bhopal were not vaccinated against HBV infection (including HCPs who did not know their vaccination status) [54, 59]. Similarly, a study investigating the status of HBV vaccination among dental students found that only 45% of students were vaccinated against HBV [60].

Tuberculosis

Tuberculosis (TB) is one of the top ten causes of death worldwide [61]. TB in HCPs is of particular concern, with the average prevalence of latent TB infection in HCPs estimated to be 54% in low- and middle-income countries [62]. A meta-analysis of TB prevalence in HCPs revealed that TB infections are much more frequent among HCPs compared with the general population [63]. A study in India revealed that 50% of HCPs may have latent TB infection measured either by a tuberculin skin test (TST) or interferon gamma release assay and a study in South India showed that 50.2% of nursing trainees tested were TST positive [64, 65]. Incidence of pulmonary and extra-pulmonary TB among HCPs in India from 1992 to 2001 was estimated to be 0.37-1.57 and 0.34-1.57 per 1000 staff, respectively [66]. Moreover, HCPs are at constant risk of exposure to infection during management of patients with TB [67]. In the general population, TB vaccination coverage in infants has been estimated to be 92% in India [68]; however, there are no recommendations for TB vaccination of high-risk groups such as HCPs [61, 69].

Meningococcal Disease

Infection with meningococcal bacteria leads to meningitis and septicaemia with a fatality rate of up to 50% in untreated cases. In the hospital setting, a number of epidemics have been reported; however, there is limited information on the incidence of meningococcal disease in HCPs. Meningococcal vaccines are not routinely recommended in India, outside of epidemic situations [70].

Diphtheria, Pertussis and Tetanus

Diphtheria, pertussis and tetanus are transmitted through respiratory droplets (diphtheria and pertussis) or the direct transfer of spores through soil or faeces (tetanus). Pertussis can be particularly severe and deadly in young children; it easily transmits from adults to children, so infected HCPs may risk spreading this in hospitals. A vaccine targeting diphtheria, pertussis and tetanus has been used routinely in India since 1978, which significantly reduced incidence of disease in children. However, due to the duration of protection and need for boosters, it has led to concern over a potential shift of disease incidence into older age groups. In an investigation of male adults in Pune, India, who missed their initial vaccination, 88%, 100% and 79% of individuals were protected against diphtheria, tetanus and pertussis, respectively. However, long-term protection was only observed in 9% for diphtheria and 74% for tetanus. After receiving the recommended diphtheria-tetanus vaccine, all participants were protected, with long-term protection achieved in 87% for diphtheria and 97% for tetanus [71]. This highlights the need for adult vaccination including HCPs, particularly in those who did not receive a vaccine in childhood.

COVID-19

Regarding COVID-19. India has been one of the worst affected countries [72]. Conservative estimates indicate 25,000 HCPs in India have been infected with SARS-CoV-2. One retrospective study from a tertiary care centre, medical college and hospital in North India reported that 16.3% of 3100 HCPs were positive for SARS-CoV-2, with 45% being asymptomatic carriers [73]. HCPs were among the first to be offered the COVID-19 vaccination, and this rollout in the HCP population has been critical in slowing the pandemic not only in India but worldwide [74]. With HCPs continuing to be on the frontline, it will be vital to ensure they have adequate access to vaccinations to protect themselves and the patients they care for.

BARRIERS TO VACCINATIONS FOR HCPS IN INDIA

There is an unmet need to ensure HCPs in India are vaccinated against VPDs as HCP vaccination coverage is low. HCPs may face a variety of challenges and barriers in their professional life preventing vaccination against VPDs, such as inadequate resources, working environment and workload. Furthermore, the knowledge, attitude and perceptions of HCPs may vary between countries, regions and individual practices, with some HCPs more aware than others of the current vaccination guidelines and recommendations and the overall benefits of an effective vaccination programme. This, along with a poor understanding of the occupational hazards within the healthcare service, may impact vaccination uptake and HCP coverage.

Studies on vaccine hesitancy among HCPs in various countries worldwide reveal vaccine acceptance rates can range between 27.7% and 78.1%. In the study by Bali NK et al. in Srinagar, India, influenza vaccine coverage among HCPs was only 4.4%, despite 95% being aware of the adverse effects of influenza and 80.5% aware of the availability of the influenza vaccine [16]. Reasons for the low uptake included lack of awareness regarding vaccine availability, scepticism about efficacy, an unforgiving work schedule, concern about adverse events and a

HCD ₂ (India) ^a	CHW(a (India) ^b		HCD _a (China) ^d
	Criws (India)	nurs (EU)	ners (enina)
Too busy to get vaccinated	Required materials unavailable	Already immune	Obtained immunity from work
Not aware of vaccines/lack of knowledge	Lack of updated and practical information	Inconvenient vaccination timing and sites	Hospitals not providing vaccines
Vaccines are not available/freely available	Use of medical terminology	Fear of side effects, adjuvants or ingredients	Too busy
Doubts of vaccine efficacy and safety	Lack of resources to gather information	Concerns over newer vaccines	Officially not recommended
Fear of side effects	Lack of time	Low vaccine efficacy and effectiveness	
Needle phobia		Perceived low risk of contracting diseases	
Cost of vaccine			
Low perception of susceptilibiliy/ risk/contracting disease			
Disease not severe (e.g. influenza)			
Egg allergy			
Lack of understanding of disease/ infection			

Table 2 Global barriers to vaccinations among HCPs

CHWs, community health workers; EU, European Union; HCP, healthcare provider

^aSources: Bali NK, et al. Influenza Other Respir Viruses 2013;7:540–45; Pandey S, et al. Indian J Med Res 2013;137:388–90; Dev K, et al. J Assoc Physicians India 2018;66:27–30; Pathak R, et al. Int J Med Public Health 2013;3:55–9; Fazili AB, et al. Int J Med Res Health Sci 2016;5:115–20; Swarnapriya K, et al. Asian Pac J Cancer Prev 2015;16:8473–7

^bSources: Raj S, et al. Health Info Libr J 2015;32:143-9

^cSource: ECDC 2015. Available from: https://www.ecdc.europa.eu/sites/default/files/media/en/publications/Publications/ vaccine-hesitancy-among-healthcare-workers.pdf. Accessed September 2021

^dSource: Yuan Q, et al. PLoS One 2019;14:e0216598

perception of not being at risk [16]. Regarding HBV, Dev K et al. [75] reported that only 35.3% of HCPs knew about the risk of HBV transmission through NSIs and only 40% were aware of the protective measures to prevent NSIs. In addition, a study in Southern India revealed that, despite training, more than a third of HCPs failed to recognise the occupational

hazards of NSIs [76]. A study from Delhi, India, also revealed significant differences (p < 0.001) in the level of knowledge among HCPs regarding the mode of influenza transmission, the use of protective equipment, the existing influenza treatment and vaccine availability [77].

Other studies highlight that such challenges and barriers exist in many countries [16, 78–80].

0 1	1 0		
For influenza and MMR vaccinations (UK) ^a	For influenza vaccination (USA) ^b	For influenza vaccination (India) ^c	
Provide vaccinations at convenient times	Mobile carts	Regular monitoring	
Send more reminders	Free vaccines	Incentives for vaccination	
Provide more information on the advantages and disadvantages of vaccines	Adequate staff resources for vaccine campaign	Intensified advertising campaign	
Advertise vaccination better	Education on the benefits and risks of immunisation	Offer choice of influenza vaccines	
Free parking for staff at vaccination sites	Incentives for vaccination	Continuous education of HCPs	
Introduce peer vaccination	Availability at evenings and weekends	Mandatory vaccination policy except when contraindicated	
	Availability at convenient places	Convenient access to vaccination at work	
	Employment conditional upon receipt of vaccine		

Table 3 Strategies to improve vaccination uptake among HCPs

HCP, healthcare provider; MMR, measles, mumps and rubella; UK, United Kingdom; USA, United States of America ^aLittle KE, et al. Public Health 2015;129:755–62

^bWeber DJ, et al. Isr J Health Policy Res 2016;5:61

^cBali NK, et al. Influenza Other Respir Viruses 2013;7:540-5

Most of these studies (Table 2) reveal poor awareness regarding vaccines among HCPs, poor availability of educational materials, a lack of updated information and a lack of information resources. These studies highlighted that HCPs were often too busy to get vaccinated and/ or did not perceive themselves as an 'at-risk' population. The reasons HCPs provided for not receiving a vaccine included inconvenient timing and location, cost, hospitals not providing free vaccines, needle phobia, concerns about vaccine safety and efficacy (especially for newer vaccines) and the lack of official recommendation to receive the vaccine.

Strategies must be implemented to overcome these challenges and barriers to improve HCP vaccination coverage. These may include providing adequate and up-to-date information on currently available vaccines through vaccination campaigns, frequent reminders for HCPs to get vaccinated, providing vaccinations at convenient times and places including the use of mobile carts, education around the risk of VPDs for HCPs and other measures as described in Table 3. The successful rollout of the COVID-19 vaccination programmes amongst HCPs, which has been critical in slowing the pandemic in India, will most likely positively influence the attitudes that HCPs have towards vaccinations. This provides an opportunity to educate and increase the awareness of vaccinations for HCPs.

VACCINE RECOMMENDATIONS FOR HCPS

Significant knowledge gaps and misperceptions exist among HCPs regarding vaccinations, the occupational hazards they may encounter and

Vaccine ^a	WHO 2019 ^b (Global)	CDC/ACIP ^c (US)	The Indian Association of Occupational Health (IOAH) ^d	Association of Physicians in India (API) ^e	Indian Medical Association (IMA) ^f
Hepatitis A	None	None	2 doses (single antigen vaccine)—0 and 6–12 months	Not recommended	2 doses (inactivated vaccine)— 0–6 months
			3 doses (if combined hepatitis A and B)—0, 1 and 6 months		vaccine)
Hepatitis B ^g	Unvaccinated who may be exposed to blood and blood products at work	Unvaccinated/ incomplete series or no vaccination history, no up- to-date immunity status	3 doses—0, 1 and 6 months	3 doses—0, 1 and 6 months	d 3 doses—0, 1 and 6 months
		2 doses—0 and 1 month			
		3 doses—0, 1 and 5 months after dose 2			
		Anti-HBs serology 1–2 months after final dose			
MMR	Proof/documentation of immunity or immunisation should be required as a condition of enrolment into training and	Born in 1957 or later with no MMR vaccination or up-to-date immune status	2 MMR doses – 4–8-week interval	2 MMR doses	2 MMR doses—4–8- week interval
			n or 1 dose if previously atus immunised IMR ^h days)		
	employment HCPs are not at risk of mumps	2 doses of MMR ^h (gap of 28 days)			
Meningococcal	One booster dose 3–5 years after the primary dose may be given to persons considered to be at continued risk of exposure	1 dose for those who are routinely exposed to isolates of <i>Neisseria</i> <i>meningitidis</i>	1 or 2 doses Booster every 5 years if risk remains	1 dose—during an outbreak	1 dose Repeat after 3–5 years if high risk
Influenza	Annual immunisation with a single dose is recommended	1 dose—every year	1 dose—every year	Not recommended	1 dose—every year

Table 4 Global, US and Indian recommendations for vaccinations in HCPs

Vaccine ^a	WHO 2019 ^b (Global)	CDC/ACIP ^c (US)	The Indian Association of Occupational Health (IOAH) ^d	Association of Physicians in India (API) ^e	Indian Medical Association (IMA) ^f
Varicella	Unvaccinated and with no history of varicella infection 2 doses of varicella vaccine	No history of varicella infection or vaccination or unknown immune status 2 doses, 4 weeks apart	2 doses—4–8- week interval 1 dose—if previously vaccinated	2 doses—4–8-week interval	2 doses—4–8- week interval
Tetanus Diphtheria Pertussis	None Revaccination of HCPs with diphtheria boosters every 10 years, especially those who may have occupational exposure HCPs should be a prioritised population	One-time Tdap dose immediately if not received earlier (despite previous Td) Td/Tdap boosters every 10 years Pregnant HCPs need Tdap in each pregnancy	1 dose of Tdap—then Td booster every 10 years	 dose of Tdap—if not received Tdap vaccine before and ≥ 2 years since last Td vaccine Td booster every 10 years 	1 dose of Tdap—every 10 years
Polio	All HCPs should have completed primary doses	None	1 or 2 doses (if unvaccinated)—0, 4–8 weeks	None	1 or 2 doses (if unvaccinated)—0, 4–8 weeks
Pneumococcal	None	Not stated specifically for HCPs	PCV13 1 dose	Not recommended	Not stated specifically for HCPs
			PPSV23 1 dose		
Typhoid	None	Microbiologists and others who work frequently with <i>Salmonella</i> <i>Typhi</i>	1 dose	3 doses—for entire community during outbreaks Booster every 3 years	1 single dose If un- conjugated vaccine give every 3 years
Rabies	HCPs may receive pre- exposure prophylaxis if they are regularly caring for patients with rabies	None	3–4 doses PEP—0, 7, 21, 28 days	3 doses PEP—0, 7, 28 days	3 doses PEP- 0, 7, 28 days (especially in veterinarians)

Table 4 continued

Vaccine ^a	WHO 2019 ^b (Global)	CDC/ACIP ^c (US)	The Indian Association of Occupational Health (IOAH) ^d	Association of Physicians in India (API) ^e	Indian Medical Association (IMA) ^f
COVID-19 ⁱ	HCPs should be a prioritised population	HCPs should be a prioritised population	None	None	None

 Table 4
 continued

ACIP, Advisory Committee on Immunization Practices; BCG, Bacillus Calmette-Guérin; CDC, Centres for Disease Control; HBs, hepatitis B surface antibody; HCP, healthcare provider; IGRA, interferon-gamma release assay; MMR, measles, mumps and rubella; PCV13, pneumococcal conjugate vaccine; PEP, pre-exposure prophylaxis; PPSV23, pneumococcal polysaccharide vaccine; TB, tuberculosis; Td, tetanus and diphtheria; Tdap, tetanus, diphtheria and pertussis; TST, tuberculin skin test; US, United States; WHO, World Health Organization

^aNo specific recommendations for HCPs for cholera and yellow fever. Only the WHO provides recommendations for BCG (TB) vaccination: In unvaccinated TST- or IGRA-negative persons at risk of occupational exposure in low and high TB incidence areas

^bSource: WHO. 2020. Available from: https://www.who.int/immunization/policy/Immunization_routine_table4.pdf. Accessed September 2021 and COVID-19 specific: https://www.who.int/docs/default-source/immunization/sage/covid/ sage-prioritization-roadmap-covid19-vaccines.pdf?Status=Temp&sfvrsn=bf227443_2 Accessed September 2021

^cSource: CDC (and ACIP). 2021. Available from: https://www.cdc.gov/vaccines/adults/rec-vac/hcw.html and https:// www.cdc.gov/mmwr/preview/mmwrhtml/rr6007a1.htm Accessed September 2021 and COVID-19 specific: https://www. cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/hcp.html and https://www.cdc.gov/coronavirus/2019-ncov/ vaccines/recommendations-process.html Accessed September 2021

^dSource: IAOH. 2020. Available from: http://storage.unitedwebnetwork.com/files/162/ b8a89025513aba3a9c888c097e204122.pdf. Accessed September 2021

^eSource: API Guidelines. 2009. Available from: https://www.japi.org/s274e444/executive-summary-the-association-of-physicians-of-india-evidence-based-clinical-practice-guidelines-on-adult-immunization. Accessed September 2021

^FSource: IMA. 2018. Available from: http://www.ima-india.org/ima/pdfdata/IMA_LifeCourse_Immunization_Guide_ 2018_DEC21.pdf. Accessed September 2021

^gPost-vaccination testing may be required after 1–2 months of last dose

^hOne dose of rubella recommended, eventually two doses will be needed as standalone rubella vaccine is not available ⁱVaccination based on local recommendations

the risk they pose if they go unvaccinated. In addition, there are no complete, standardised guidelines for vaccinations among HCPs and discrepancies have been observed in the Indian recommendations. Thus, uniform guidelines should be developed detailing the recommendations for vaccinations in all HCPs across every healthcare unit in India. Such initiatives will protect HCPs, their families and patients, interrupt the spread and transmission of diseases and help maintain healthcare services. Current vaccine recommendations for HCPs are provided in Table 4.

DISCUSSION

HCPs are the frontline workforce tackling infectious disease. Their occupation puts them at risk while caring for patients and this is magnified during disease outbreaks, epidemics and pandemics. They work in a hazardous environment, which is often unpredictable and may lead to physical, mental and social stress. Therefore, HCPs may be directly or indirectly at risk of exposure to infection and VPDs as they work close to their patients.

Our review highlights that HCPs susceptible to VPDs can contribute to nosocomial infection or disease outbreaks within the community and that there is a gap between vaccination coverage and disease awareness among HCPs in India, despite training [16, 20, 22–24, 75, 76]. Moreover, challenges and barriers regarding vaccination awareness and uptake exist among HCPs, highlighted in a study by Tandale BV et al. [41], that showed general practitioners have few infection-control measures and were at a higher risk of infection compared with hospital staff.

Therefore, protection and immunisation of HCPs against VPDs should be of utmost interest. Vaccine education amongst HCPs is one pivotal strategy that could support this initiative. For example, a study by Bali NK et al. showed that an educational journey regarding the influenza vaccination, including its tolerability and efficacy, will be beneficial for all HCPs [16]. Such initiatives will be considered as a complementary step towards national initiatives for VPD control and elimination. In our review, we observed that there are several guidelines that recommend HCP vaccination, although there are differences and discrepancies in their specific recommendations. Thus, a uniform policy in an Indian context should be developed, appropriately implemented and routinely followed up, so the spread of VPDs and disease outbreaks can be prevented or controlled.

EXPERT OPINION

Immunisation of HCPs is important to reduce the transmission and/or acquisition of some diseases. HCP vaccination status assessment is recommended before their duty rosters are prepared and assigned and before they encounter vulnerable patients. Moreover, screening and vaccination records should be maintained for all HCPs across the various healthcare departments to aid in any follow-up or further action. If the cost of screening and documentation of immunity are an additional burden on healthcare expenditure, it might be prudent to vaccinate each HCP at the time of admission (after considering the cost-benefit ratio), considering that vaccination is more cost-effective than screening (both serology and/or medical history). An additional strategy to increase HCP vaccination could include sharing updates on airborne infections, VPDs and disease outbreaks across the healthcare setting, through text messages, emails or print media. Applying these measures may help HCPs protect themselves, their family members, peers and patients without disrupting healthcare services.

CONCLUSION

In India and across the world, HCPs are the backbone of healthcare institutions. often working for long hours in a hazardous environment. They are vulnerable to VPDs and play a major role in nosocomial infections. Induction training programmes on disease awareness along with screening and vaccination should be implemented at respective institutes across India to resolve several misperceptions and beliefs regarding vaccinations. In addition, it will be important to immunise all HCPs, not just those who are in direct contact with patients. Hospital and clinic administrations must be proactive against VPDs and should develop guidelines and implement vaccination programmes as a standard policy. A dedicated infrastructure towards implementation of vaccination policies in HCPs and prevention of disease through vaccination alongside other preventive measures should be considered as a priority for limiting nosocomial infections.

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