RESEARCH



Transdisciplinarity of India's master's level public health programmes: evidence from admission criteria of the programmes offered since 1995

Kumaravel Ilangovan, Sendhilkumar Muthappan, Keerthiga Govindarajan, Vignesh Vairamani, Vettrichelvan Venkatasamy and Manickam Ponnaiah^{*}®

Abstract

Introduction: In the Indian subcontinent, Master's-level Public Health (MIPH) programmes attract graduates of diverse academic disciplines from health and non-health sciences alike. Considering the current and futuristic importance of the public health cadre, we described them and reviewed their transdisciplinarity status based on MIPH admissibility criteria 1995 to 2021.

Methods: Using a search strategy, we abstracted information available in the public domain on MIPH programmes and their admissibility criteria. We categorized the admission criteria based on specified disciplines into Health science, Non-health science and Non-health non-science categories. We described the MIPH programmes by location, type of institution, course duration, curriculum, pedagogical methods, specializations offered, and nature of admission criteria statements. We calculated descriptive statistics for eligible educational qualifications for MIPH admission.

Results: Overall, 76 Indian institutions (Medical colleges—21 and Non-medical coleges—55) offered 92 MIPH programmes (Private—58 and Public—34). We included 89 for review. These programmes represent a 51% increase (n = 47) from 2016 to 2021. They are mostly concentrated in 21 Indian provinces. These programmes stated that they admit candidates of but not limited to "graduation in any life sciences", "3-year bachelor's degree in any discipline", "graduation from any Indian universities", and "graduation in any discipline". Among the health science disciplines, Modern medicine (n = 89; 100%), Occupational therapy (n = 57; 64%) is the least eligible. Among the non-health science disciplines, life sciences and behavioural sciences (n = 53; 59%) and non-health non-science disciplines, humanities and social sciences (n = 62; 72%) are the topmost eligible disciplines for admission in the MPH programmes.

Conclusion: Our review suggests that India's MIPH programmes are less transdisciplinary. Relatively, non-medical institutions offer admission to various academic disciplines than the medical institutions in their MIPH programmes. India's Master's level public health programmes could be more inclusive by opening to graduates from trans-disciplinary backgrounds.

Keywords: Public health, One health, Education, Public health practice, Interdisciplinary placement, Universities, Accreditation, Health systems, Health workforce

*Correspondence: manickam@nie.gov.in ICMR-National Institute of Epidemiology, Chennai, Tamil Nadu 600077,

India



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Introduction

Globally, public health education and practice have been transcended and evolved as a transdisciplinary academic discipline [1–7]. The definition of "Transdisciplinarity in Public health" shall be adopted from Stokols et al. "as integrating two or more disciplines, creating fundamentally new conceptual frameworks, perspectives, methods, and synthesizing diverse approaches to address public health problems in real-world settings" [3]. The inter-connections between population health, environment, globalization, climate change and politicaldemographic-socio-economic-cultural factors demand transdisciplinary research methods and approaches to identify the problems and solutions for the emerging complex global public health problems [1, 8-13]. Globally, public health education and training are rendered as structured, university-affiliated transdisciplinary programmes to systematically nurture the talents and skills of the diversified pool of academic graduates in various countries [14-23]. In the United States of America, United Kingdom, European Union, Australia, New Zealand, Southeast Asia Region, Singapore and China the public health programmes and the institutions were accredited by public health education regulatory bodies with minimum quality standards in terms of inputs, processes, outcomes and performance of the programmes against the evidence-based standards and practice set specific to the nations [24–26].

Historically, public health has evolved as a transdisciplinary profession that exhibits organized collective efforts across multi-sectoral environments traced back to human civilizations' through the purposeful construction of unique drinking water supplies and sewage drainage systems [27]. In the colonial and pre-independence, diverse geographical regions of the Indian sub-continent, western medicine replaced the indigenous Indian, and Arabic systems of medicine. They influenced the development of health services, medical education mainly to address the prevention and control of epidemics of deadly infectious and endemic tropical diseases. The sole responsibility and focus of the British imperial government were then to alleviate suffering and save people's lives [28]. Physicians administered the formal public health activities with clinical and public health services. The public health workforce was constituted by personnel from medical (western medicine graduate) and non-medical (allied health sciences graduates and trained in performing specific roles in curative and preventive health services) backgrounds that included auxiliary nurse midwives, nurses, midwives, traditional birth attendants, sanitary inspectors, sanitary assistants, health officers and physicians [27]. Enormous efforts were made to advance the curative and preventive public health services, such as the country's first-ever Epidemics Prevention Act in 1897, Madras Public Health Act in 1939, hospitals and dispensaries in 1679-1820, medical college hospitals in 1835–1939, Indian Medical Services, vaccination programs, decentralization of health administration with legal provisions to provinces, provincial civic administrative bodies to manage public health, vital statistics and sanitation and establishment of dedicated departments for sanitation and public health [28]. Historically, health was approached predominantly through curative care than the preventive care in the need for immediate relief of ongoing sufferings from diseases. This may have led to the creation of public health cadre fully dominated by physicians trained in western medicine and establishment of medical education, public health courses, such as 3-year Doctor of Medicine (M.D) programmes in Preventive and Social Medicine (PSM), industrial health, safety and hygiene and later on with one or 2-year Diploma in Public Health (DPH) during the post-independence era of Republic of India. Furthermore, these courses were made mandatory for medical doctors to get into public health cadre in the some of the States of Indian Union. In 1995, India's first Master of Public Health (MPH) programme in the Kottayam University, Kerala and from 1997, the Acheta Menon Centre for Health Science Studies (AMCHSS) of the superspeciality institution at Sree Chitra Tirunal Institute for Medical Sciences & Technology (SCTIMST), Kerala started exclusively to Bachelor of Medicine and Bachelor of Surgery (MBBS) doctors and many institutions followed the same admission criteria across the country.

The necessity of the "Public Health Workforce" and the need for diverse, dedicated, competent public health professionals had never been felt so more critical across the globe than during the ongoing Coronavirus Disease 2019 (COVID-19) crisis [29–33]. The "One Health" concept has become a proof of utility for the transdisciplinary approach to improve surveillance of zoonotic diseases and demonstrated better outcomes through collaborative and transdisciplinary partnerships across multiple sectors of the human–animal–environmental interface [34]. The international community has recognized the need for a transdisciplinary professional workforce in "One health" and included the related concepts in their medical, public health training curriculum and unique MPH degree programmes in One Health [35–38].

According to a review in 2017 by Tiwari et al., public health education is rendered by public and private sectors in medical and non-medical institutions in India, which predominantly includes a 2-year MPH [39]. However, what is not described is the transdisciplinary nature of these programmes based on their admission criteria. In view of the absence of information on

Page 3 of 11

trans disciplinarity of India's Master's level public health (MIPH) programmes we reviewed, (1) inclusivity aspects by analyzing the programmes' educational admission criteria, and (2) characterize the programmes by geographical location, type of institutions, course duration, curriculum, pedagogical methods and specializations offered.

Methods

Study design

We did a desk review of master's level public health education programmes in India between December 2020 and August 2021.

Operational classification

We classified academic educational qualifications into four categories (1) health science, (2) health non-science and, (3) non-health science, (4) non-health non-science disciplines for this study's scope (Table 1).

Developing search strategy

Inclusion criteria

We included Master's level public health programme in the Public health discipline of 2 years ever offered in correspondence/online and on-campus mode during 1995– 2021 in India's public and private sectors.

Exclusion criteria

We excluded programmes of less than 24 months of duration, diploma level and 3-year doctorate in medicine

(MD) programmes in public health, family medicine, community medicine, public health management community health administration (CHA), preventive and social medicine (PSM), field-epidemiology training programmes (FETP) that does not offer formal degree, certificate courses in public health and allied disciplines, 2-year administration (health and hospital) and management programmes.

Search strategy

Preliminary data regarding the existing MPH programmes were obtained from the review by Tiwari et al. [39] (Fig. 1). To get additional programmes, we used keywords of "master of public health in India", "public health courses in India", "public health courses in STATE NAME", "public health training in India", "public health education in India", "MPH", "schools of public health in India", "public health colleges in India" and "public health universities in India". We explored the google search engine through keywords. The preliminary results were used to in-depth searches in the websites of India's education regulatory bodies, such as the All India Council of Technical Education (AICTE), University Grants Commission (UGC), All India Institute of Medical Sciences (AIIMS), Indian Council of Medical Research (ICMR), professional networking sites (LinkedIn), National Medical Commission (NMC), formerly called 'Medical Council of India' and institutions for finding programmes satisfying the inclusion criteria. The list of programmes have been documented, verified through their

 Table 1
 Operational classifications for health science, health non-science and non-health science, non-health non-science academic

 disciplines

	Science	Non-science
Health	MBBS	
	Bachelor of Dental Surgery (BDS)	
	Bachelor's degree in AYUSH	
	Physiotherapy and occupational therapy	
	Nursing	
	Pharmaceutical science and studies	
	Animal husbandry and veterinary science	
	Nutrition/dietetics	
	Medical technologies (laboratory, radio-imaging, speech, audiology)	
Non-health	Life sciences	Management studies (public administration, health/hospital administration
	Agricultural sciences	Planning and development studies (urban, rural)
	Technology/engineering	Law
	Statistics/bio-statistics	Humanities and social studies (anthropology, demography, sociology, socia work, population studies, social science)
	Behavioural sciences (psychology)	Journalism, communication
		Economics, commerce



institutional websites, compared and removed duplicates. Three study investigators were specifically engaged in this activity. We limited our search to public health programmes offered by Indian or any Indo-foreign institutions jointly. We reviewed brochures and prospectus of public health schools and universities in India available on the home pages of the institutions that ever offered master's degrees in public health discipline. We did not analyze the programmes that do not have adequate information on admission criteria.

Data abstraction

We abstracted the data in a structured data extraction form. Using our search strategy, we abstracted information regarding each programme on (a) Name of the institution; (b) institution type (public/private and within/ outside medical college); (c) affiliated university; (c) geographical location (district and state); (d) course delivery mode [on-campus (full-time/regular) OR correspondence (online/distance) or both]; (e) number of seats; (f) degree specialisation; (g) curriculum and (h) applicants' educational qualifications eligible for admission into the course.

Analysis plan

We calculated descriptive statistics for the admissible educational qualifications for the programmes as per our operational classifications. Furthermore, we profiled the programmes in terms of geographical location, type of institutions, course duration, curriculum, pedagogical methods and specializations offered. We used an opensource geographic information system QGIS version 3.0.3 software and two geography data layers (ne_50m_ admin_0_countries, ne_50m_admin_0_disputed_areas) from Natural Earth open source website and generated a spot map to present the distribution of the programmes [40]. We counted the number of programmes and treated each specialization degree as a unique programme irrespective of the same institution offering in the same or multiple geographies.

Results

Public health programmes identified and included

We could identify 92 programmes (Fig. 1). There were 87 MPH, three Master of Science (M.Sc.), one dual-degree MPH with Master of Business Administration (MPH/MBA) and one Master of Arts (MA) degree programme by 76 institutions (Medical schools—21 and Non-medical schools—55) or universities. Additional file 1: Table S1 shows this in more detail.

Descriptive profile of the public health programmes *Geographical distribution*

Of the 92 programmes, 58 (63%) are offered in private institutions. Additional file 1: Table S2 shows this in more detail. All these programmes are concentrated in 21 States and Union territories of India. The majority of the programmes, 32 (35%), are offered in the western region, followed by 31 (34%) programmes in India's southern region (Additional file 1: Table S2). Of 34 programmes provided by public institutions, 23 (68%) are located in southern and western regions. No government public health programmes are offered in the Northeast states (Fig. 2). Of 58 private programmes, 12 (21%) are in Karnataka, followed by 10 (17%) in Rajasthan (Fig. 2).

Duration of the programme

Of the 92 programmes offered, 90 are of 2-year duration and two 3-year programme at the Rajiv Gandhi University of Health Sciences (RGUHS), Karnataka and All India Institute of Hygiene and Public Health (AIIH&PH), West Bengal, one of the oldest institution offering public health training programmes.

Specializations offered

Of 76 institutions, 20 (26%) institutions (Public = 13 and Private = 7) offered 29 specialization degree programmes in public health domains, such as Epidemiology, Social Epidemiology, Field Epidemiology, Global Health, Maternal and Child Health, Surveillance and Epidemics, Nutrition, Health Economics, Policy and Financing, Environmental and Occupational Health, Health Systems Management and Administration, Quality and Safety, Digital Health, Public Health Informatics. One institution offers a dual degree in Public health combined with an MBA.

Pedagogical methods

Of 92 programmes, two were distance learning offered by two institutions (Global Open University, Nagaland; Datta Meghe Institute of Medical Sciences, Maharashtra). Two institutions [Chitkara University and the Asian Institute of Public Health University (AIPHU)] offered two tracks of MPH course in collaboration with a foreign University [University of Nebraska Medical Center (UNMC), USA]. This programme has the option to obtain the degree either in India or abroad. The remaining 90 master's programmes in public health are taught on-campus. The course work covers standard public health fields, including epidemiology, biostatistics, environmental health, health policy and finance. Most on-campus programmes include one and half years of classroom learning and 3-6 months of practical/field experience, capstone dissertation projects.

Admission criteria of the public health programmes Nature of statement of admissibility criteria

The eligibility criteria for master's public health programmes are variable and vague; for example, some institutions enrol graduates with a 3-year degree, while some enrol 4-year degrees; in contrast to some institutions admitting undergraduate (UG) health science graduates and postgraduate (PG) degrees for non-health science graduates. Some institutions accept graduates of any science stream or non-science stream or any discipline graduated from UGC recognized universities. Eligibility criteria do not differ for the MIPH specialization degrees programmes offered by the same institution.

Some institutions prefer candidates with prior experience in the health services and public health field. Twenty institutions (Public—17 and Private—3) offer programmes for sponsored candidates from the respective state governments and non-governmental organizations. Three public institutions out of 34 exclusively enrol in-service MBBS graduates funded by the various subnational health departments. Other 19 institutions have



5–60% reservation in their MIPH programmes for candidates from the state government, bi-lateral organizations with sponsorships and their employees/minority quota. One private institution offers an executive MPH for inservice medical and dental graduates professionals placed in public and private sectors.

Distribution of the admission eligibility by academic disciplines

Among the health science disciplines, all the programmes offered for the Medicine graduates (n=89; 100%) (Table 2). Occupational therapy (n=57; 64%) is the least eligible. Among the non-health science disciplines, life sciences and

behavioural sciences (n=53; 59%) and non-health nonscience disciplines, humanities and social sciences (n=62; 72%) are the topmost eligible disciplines for admission in the MIPH programmes.

Discussion

We reviewed the admission criteria of India's Master's level public health programmes and identified that they are less transdisciplinary. Despite a doubling of these programmes in the recent 5 years, we determined that they mostly catered to the medical and allied health disciplines and offered limited scope for non-health, academic disciplinary graduates.
 Table 2
 Number and proportion of various academic disciplines eligible for admission in master's level public health programmes,

 India 1995–2021

Academic disciplines	Programme type					
	Private (n=55)		Public (<i>n</i> = 34)		Total	
	Medical college	Non-medical college n=48	Medical college	Non-medical college	n (%)	
Health science						
Medicine	7	48	15	19	89 (100)	
Dentistry	7	48	14	17	86 (97)	
Nursing	6	47	14	17	84 (94)	
AYUSH	6	47	14	15	82 (92)	
Physical therapy	5	45	14	15	79 (89)	
Medical technologies	4	41	12	14	71 (80)	
Pharmaceutical science and studies	6	44	5	15	70 (79)	
Nutrition/dietetics	5	41	5	12	63 (71)	
Animal husbandry and veterinary science	4	38	5	13	60 (67)	
Occupational therapy	4	35	5	13	57 (64)	
Non-health science						
Life sciences	3	35	2	13	53 (59)	
Behavioural sciences	3	35	2	13	53 (59)	
Technology and engineering	3	33	5	7	48 (54)	
Statistics and bio-statistics	2	21	3	9	35 (39)	
Agricultural sciences	0	23	2	6	31 (35)	
Non-health and non-science						
Humanities and social sciences	5	37	5	15	62 (70)	
Economics and commerce	2	28	3	7	40 (45)	
Management studies	2	25	3	6	36 (40)	
Law	1	27	3	4	35 (39)	
Journalism and communications	0	2	0	1	3	

Evolution of MPH programmes and public health schools in India

Our findings are the results of highly medicalized public health programmes which has its origins in the historical context of the India's pre-independence era [41]. To impart public health education in India, the School of Tropical Medicine in 1912 and the AIIH&PH in 1932, was created to teach public health out of medical colleges. This was a conscious shift made to avoid conflicts and tensions between public health academicians and clinicians; apprehension of the American experience through Welch-Rose Report 1915 resulted in drifting apart of Public health and Medicine disciplines into two separate institutions [42]. The Mudaliar committee in 1959 recommended for establishment of Schools of Public Health in every sub-national region and rendered public health education to both MBBS and non-MBBS personals to create multi-disciplinary public health professionals [43]. However, ironically, post-independence in the Union of India, Public Health education was continued to be offered only in the medical colleges. The teaching was one of the curricula in the undergraduate program and 2-year diploma, 3-year postgraduate speciality degrees, considering that public health and medicine have been mutually interdependent. The decision-makers presumed that medicine graduates shall only address public health. The majority of the State machinery was depended on the training of in-service medical officers and continued fostering their fraternities in national, sub-national public health departments for administrative positions [42].

The expert committee on Public Health Systems during 1995–97 created the impetus for establishing the first two MPH programmes in the state of Kerala [43]. From 1995 to 2016, 44 institutions commenced MIPH programmes predominantly in private sectors, understanding and accepting this field's transdisciplinary nature may have led to the doubling of Public health institutions and programmes between 2016 and 2021. From 2005 to 2006 onwards, many private institutions started offering the MlPH courses to both health and allied health science graduates and slowly expanded to include non-health science, technical and arts disciplines. From 2013 onwards, many private and state institutions also started offering 3-year bachelor degree programmes in public health (BPH); exceptionally, RGUHS in the State of Karnataka offers a 4-year bachelor programme in Public health from 2019 to 2020. Till 2019, eight institutions across India offered BPH programmes [44]. As these institutions are mostly outside the medical schools, they encourage non-health and social sciences and arts academic graduates to enrol in their master's level public health programmes.

The degree of inclusivity involving non-health, allied health sciences and non-science academic graduates varies between public and private institutions. We find that private institutions offer a broader scope for graduates of trans-disciplinary educational backgrounds to get trained in the public health discipline than public institutions. Undeniably, scenarios are encouraging in public institutions the second MPH programme established in SCTIMST, Kerala moved away from MBBS doctor centric admission from 2011 onwards and included graduates from health, allied health sciences, social sciences and nutrition graduates in their admission, from 2015 onwards opened its door to wide-array of academic disciplines mentioned in this study [45, 46].

Unlike in other countries, in the Indian subcontinent, establishment processes of public health schools and programmes are less complicated and well-supported with financial, technical resources, political, and institutional support, as proved through a surge of programmes in the private sector, including undergraduate public health degree programmes [26, 44, 47, 48]. Simultaneously, these private institutions should maintain the scholars' adequate 'standard' and quality and provide them with the knowledge, skills, and abilities necessary to become competent professionals to meet the needs of contemporary public health challenges and issues facing India and globally [49–51].

Indian MIPH programmes in the global context

The teaching hours ranging from 50 to 120 credit hours, curriculum, pedagogical methods, admission processes of the Indian MIPH programmes are not uniform and highly variable across the institutions. There is currently no formal body for accrediting and standardization of public health programmes and institutions and maintaining uniform quality education standards, a scenario similar to the state of MPH programmes in middle-eastern countries [23]. There are no knowledge-sharing forums, platforms, or networks between the various schools of public health and programmes. The

NMC recognized some of the programmes offered in public institutions, and many programmes are not. Due to the limited operability functions of the NMC website, we couldn't retrieve this information.

Some of the pioneer schools of public health in the Indian subcontinent have much greater standardization of curriculum specific to their operations and expertise in the epidemiological and implementation research, programme implementation and advocacy, health system strengthening, socio-economic and political determinants of health, caste, gender and indigenous population, health technologies and health systems resources. We couldn't do an in-depth analysis of the curriculum, admission processes, university affiliation and comparison of the institutes due to the lack of information on these aspects in public domains for most of the programmes and institutions.

Most of the institutions offering MIPH courses have adopted in total or parts of the comprehensive "model course curriculum for MPH" guidelines released in 2018 by the Ministry of Health and Family Welfare, the Union Government of India [52]. While the curriculum acknowledges the trans-disciplinary nature of public health and the need to produce competent transdisciplinary public health professionals comprising science and Non-science graduates, it fails to delineate the definition of 'science' and 'non-science' academic disciplines [52]. The Skills and Values mentioned therein does not necessarily indicate the need for any particular educational qualification in line with the course eligibility criteria; however, the four broad competencies and the description of the "importance of professionalism, values and communication", is excessively "medical" centric and targeted towards bio-medicine qualified professionals.

Professional identity crisis

There was limited information available in the public domains on the number of admission capacities, the number of candidates admitted, categories of academic graduates admitted in the programmes and the number of candidates successfully passed out each year from these 92 institutions. Being rendered mainly as a postgraduate course, bachelor and master degree holders from different educational qualifications get enrolled and exit every year. Due to lack of national policy for public health professional registration, practice and limited scope for the enrollment in professional bodies, such as the Indian Association of Preventive and Social Medicine (IAPSM), and Indian Public Health Association (IPHA), the trans-disciplinary public health professionals lack an innate identity for themselves in India [24, 39, 53].

Employment opportunities

India's National Health Policy 2017 paved the roadmap for establishing public health management cadres and appropriate career structure for the multi-disciplinary public health professionals in the national and sub-national health departments [54]. This vision was not materialized at the federal and provincial levels [55–58]. Parallelly, non-MBBS public health professionals were engaged as contractual staff in various national health programmes, national and subnational health systems resource centres, federal and provincial health ministries and departments, bilateral organizations, private sectors, non-governmental and non-profit organizations and health research organizations in various capacities [59, 60]. Nevertheless, in the last two decades until 2019, non-MBBS public health graduates have also been considered for regular positions in health research organizations of national importance.

Public health education practices in the Indian subcontinent require reform to shape the public health profession [49, 50, 61-64]. India's model course curriculum for MPH programmes also stressed the need for transdisciplinary public health professionals who have a basic understanding of the various determinants of health. Currently, public health programmes are skewed towards India's two regions, barring backward states with a huge burden of poverty and diseases of public health importance despite the need for a transdisciplinary public health workforce [65, 66]. Furthermore, the production of transdisciplinary public health professionals also demands national and provincial policies to ensure the relevance of these professionals, defined career pathway and equal employment opportunities in health and non-health sectors in the Indian subcontinent. India's heterogeneous health care system, underdeveloped public health governance, vertical disease control and health service delivery programmes necessitate the emergence of a cadre of competent professionals specially trained in public health [61, 67]. Nevertheless, implementing a comprehensive One Health concept for addressing contemporary global health issues necessitates collaborative, coordinated, concerted actions across sectors and various disciplines, which can be achieved by having a transdisciplinary public health workforce [68, 69]. Thus, public health training in low and middle-income countries (LMICs) should be inclusive and foster the transdisciplinary public health workforce and their competencies across the health and nonhealth sector to help achieve the nation's health goals.

Limitations

Our study included only the programmes for which information was available in the public domain, such as prospectus, brochures and websites. We could not capture the changes in admission criteria for MIPH programmes except for SCTIMST, Kerala. We captured a maximum number of programmes of pre-eminent public and private institutions that have ever offered MIPH in India through our search strategy. We believe that we would not have missed any programme in our search strategy. Second, we could not directly verify the information with the respective institutions to confirm whether programme admission criteria are operational and remain unchanged for the current academic year. However, most of the programmes had their updated homepage at the time of review and hence, we think any misclassification is unlikely.

Conclusions and recommendations

On the basis of our findings, we conclude that India's master's level public health programmes are less transdisciplinary in nature. We recommend that they become more inclusive and are offered to students from diverse academic backgrounds to produce a competent transdisciplinary public health workforce to meet the needs of India's human resources for health. Such graduates can potentially contribute to a resilient health care system that can meet future health challenges, including pandemics. This needs to be supported by policy level endorsement at various levels for considering such graduates for positions at various levels of the public or private systems.

Abbreviations

MIPH: Master's-level Public Health; MBBS: Bachelor of Medicine and Bachelor of Surgery; BDS: Bachelor of Dental Surgery; AYUSH: Ayurveda, Yoga and Naturopathy, Unani, Siddha/Sowa-Rigpa and Homeopathy; CHA: Community Health Administration; PSM: Preventive and Social Medicine; FETP: Field-epide-miology Training Programmes; AICTE: All India Council of Technical Education; UGC: University Grants Commission; GIS: Geographic Information System; MPH: Master of Public Health; MSC: Master of Science; MA: Master of Arts; MBA: Master of Business Administration; UNMC: University of Nebraska Medical Centre; UG: Undergraduate; PG: Postgraduate; IAPSM: Indian Association of Preventive and Social Medicine; IPHA: Indian Public Health Association; LMIC: Low and Middle Income Country.

Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s12960-022-00713-4.

Additional file 1: Table S1. List of universities/institutions that offer master's level public health programmes, India 1995–2021 (in alphabetical order n = 76 institutions and 92 programmes). Table S2. Geographical distribution of public health master's programme by type of institutions, India 1995–2021.

Acknowledgements

The authors thank Dr. Piyalee Pal, ICMR-National Institute of Epidemiology, for her inputs during the initiation of the work and Dr. Karikalan Nagarajan, Scientist-B, ICMR—National Institute for Research in Tuberculosis, Chennai, for his critical comments on the first draft of this manuscript. We thank Mr. Arunagiri Sankarankovil, Tamil writer and Social activist Chennai, for his support in the Tamil translation of the abstract. We thank the editor and reviewers for their thoughtful comments towards improving our manuscript. The authors are grateful to Dr. Manoj Murhekar, Director and Publication Committee ICMR-NIE, for supporting this publication.

Authors' contributions

MP and KI conceptualized the study. KI, KG, and VVairamani curated the data. KI analyzed, interpreted the data and wrote the first draft of this manuscript. SM, Wenkatasamy and KI visualized the data in figures. KI handled the project administration. KI and MP was the guarantors, major contributor in subsequent revisions, review and editing of this manuscript. The corresponding author attests that all listed authors meet authorship criteria and that no others meeting the criteria have been excluded. The views presented here are those of the authors and should not be attributed to ICMR-NIE. All authors read and approved the final manuscript.

Funding

This research received no specific grant from any funding agency in public, commercial or not-for-profit sectors.

Availability of data and materials

All data generated or analyzed during this study are included in this published article and its Additional files.

Declarations

Ethics approval and consent to participate

Ours is a desk review of publicly available information and did not collect human participants' data.

Consent for publication

Not applicable.

Competing interests

ICMR-National Institute of Epidemiology runs a 2-year MPH programme affiliated to Sree Chitra Tirunal Institute for Medical Sciences (SCTIMST), Thiruvananthapuram, India.

Received: 12 August 2021 Accepted: 20 January 2022 Published online: 02 February 2022

References

- Gebbie K, Rosenstock L, Hernandez LM, editors. Who will keep the public healthy? Educating public health professionals for the 21st century. Washington, DC: The National Academies Press; 2003.
- Krettek A, Thorpenberg S. Transdisciplinary higher education—a challenge for public health science. Educ Res Int. 2011;2011:1–6.
- Stokols D, Hall LK, Vogel LA. Transdisciplinary public health: definitions, core characteristics and strategies for success. In: Joshu Haire DH, McBride DT, editors. Transdisciplinary public health: research, education, and practice. New York: Wiley; 2013. p. 432–432.
- Wipfli H, Press DJ, Kuhn V. Global health education: a pilot in trans-disciplinary, digital instruction. Glob Health Action. 2013;6(1):20747.
- Lawlor EF, Kreuter MW, Sebert-Kuhlmann AK, McBride TD. Methodological innovations in public health education: transdisciplinary problem solving. Am J Public Health. 2015;105:S99-103.
- Evashwick CJ, Tao D, Bax K. Analysis of the literature pertaining to the education of public health professionals. Front Public Health. 2013;1(NOV):1–5.
- Josefsson KA, Krettek A. Staying true to the core of public health science in times of change. Front Public Health. 2021;9:633.

- Frenk J, Chen L, Bhutta ZA, Cohen J, Crisp N, Evans T, et al. Health professionals for a new century: transforming education to strengthen health systems in an interdependent world. Lancet Lond Engl. 2010;376(9756):1923–58.
- Barnish M, Tørnes M, Nelson-Horne B. How much evidence is there that political factors are related to population health outcomes? An internationally comparative systematic review. BMJ Open. 2018;8(10):1–10.
- McCartney G, Hearty W, Arnot J, Popham F, Cumbers A, McMaster R. Impact of political economy on population health: a systematic review of reviews. Am J Public Health. 2019;109(6):E1-12.
- 11. Turnbull ER, Pineo H, Aldridge RW. Improving the health of the public: a transdisciplinary research study. Lancet. 2019;394:S93.
- 12. Roper WL. Science, politics, and public health. Science. 2020;370(6515):385.
- Fafard P, Cassola A. Public health and political science: challenges and opportunities for a productive partnership. Public Health. 2020;186:107–9.
- Mokwena K, Mokgatle-Nthabu M, Madiba S, Lewis H, Ntuli-Ngcobo B. Training the public health workforce at the National School of Public Health: meeting Africa's needs. World Hosp Health Serv. 2008;44(2):27–31.
- Bangdiwala SI, Tucker JD, Zodpey S, Griffiths SM, Li L-M, Reddy KS, et al. Public health education in India and China: history, opportunities, and challenges. Public Health Rev. 2011;33(1):204–24.
- Rosenstock L, Helsing K, Rimer BK. Public health education in the United States: then and now. Public Health Rev. 2011;33(1):39–65.
- Zwanikken PAC, Alexander L, Scherpbier A. Impact of MPH programs: contributing to health system strengthening in low- and middle-income countries? Hum Resour Health. 2016;14(1):1–19.
- Gray SF, Evans D. Developing the public health workforce: training and recognizing specialists in public health from backgrounds other than medicine: experience in the UK. Public Health Rev. 2018;39(1):1–9.
- Currie CA, Nottage C, Spurrier N, Madden DL. Comparison of public health specialty training in Australia and England. Public Health. 2020;188:35–41.
- Laaser U, Bjegovic-Mikanovic V, Vukovic D, Wenzel H, Otok R, Czabanowska K. Education and training in public health: is there progress in the European region? Eur J Public Health. 2020;30(4):683–8.
- Hussain MA, Sharma K, Zodpey S. Public health engineering education in India: current scenario, opportunities and challenges. Indian J Public Health. 2011;55(2):100–6.
- 22. Fiese BH, Hammons A, Koester B, Garcia GL, Parker L, Teegarden D. Transdisciplinary obesity prevention research sciences (TOPRS) curriculum increases knowledge about complex causes and consequences of obesity for undergraduate students. Front Public Health. 2019;7:232.
- Nuwayhid I, Krisht G, Jabbour S, DeJong J, Zurayk H. Mapping universitybased master of public health programs in the Arab world. Ann Glob Health. 2021;87(1):70.
- 24. Sharma K, Zodpey S, Zahiruddin QS, Gaidhane A. Accreditation of public health education in India: enhancing quality, competence and trust. Natl Med J India. 2013;26(6):344–7.
- 25. UK Public Health Register (UKPHR). https://ukphr.org/registration/. Accessed 17 Feb 2021.
- Imperato PJ, LaRosa JH, Kavaler F, Benker K, Schechter L. The establishment of the School of Public Health at the State University of New York, Downstate Medical Center: the first nationally accredited school of public health in a public university in New York City. J Community Health. 2011;36(1):1–13.
- 27. Juuti P, Katko T, Vuorinen H. Environmental history of water—global views on community water supply and sanitation. Water Intell Online. 2015;30(6):9781780402277–9781780402277.
- Mushtaq M. Public health in British India: a brief account of the history of medical services and disease prevention in colonial India. Indian J Community Med. 2009;34(1):6.
- 29. Brisolara KF, Smith DG. Preparing students for a more public health-aware market in response to COVID-19. Prev Chronic Dis. 2020;17(17):1–5.
- Lavazza A, Farina M. The role of experts in the Covid-19 pandemic and the limits of their epistemic authority in democracy. Front Public Health. 2020;8(July):356.

- Haldane V, De Foo C, Abdalla SM, Jung A, Tan M, Wu S, et al. Health systems resilience in managing the COVID-19 pandemic: lessons from 28 countries. Nat Med. 2021;27:964–80.
- Babu GR. Planning for future waves of the pandemic. The Hindu. 2021. https://www.thehindu.com/opinion/op-ed/planning-for-future-wavesof-the-pandemic/article34589808.ece.
- Elfman L. COVID-19 pandemic highlights need to diversify healthcare workforce. Diverse Issues High Educ. 2020;2–5.
- Kelly TR, Karesh WB, Johnson CK, Gilardi KVK, Anthony SJ, Goldstein T, et al. One Health proof of concept: bringing a transdisciplinary approach to surveillance for zoonotic viruses at the human–wild animal interface. Prev Vet Med. 2017;137:112–8.
- Haxton E, Lindberg A, Troell K, Redican KJ. One health education meets science. Infect Ecol Epidemiol. 2015;5(1):30264.
- Rabinowitz PM, Natterson-Horowitz BJ, Kahn LH, Kock R, Pappaioanou M. Incorporating one health into medical education. BMC Med Educ. 2017;17(1):45.
- Montgomery M, Baitchman E. A call for one health education. MedEd-Publish. 2020. https://doi.org/10.15694/mep.2020.000281.1.
- Cophadmin. MPH one health. 2016. https://www.publichealth.arizona. edu/academics/masters/mph/one-health. Accessed 14 Dec 2021.
- Tiwari R, Negandhi H, Zodpey S. Current status of master of public health programmes in India: a scoping review. WHO South-East Asia J Public Health. 2018;7(1):29–35.
- Natural Earth » Downloads—Free vector and raster map data at 1:10m, 1:50m, and 1:110m scales. https://www.naturalearthdata.com/downl oads/. Accessed 27 Apr 2021.
- Sriram V, Keshri VR, Kumbhar K. The impact of colonial-era policies on health workforce regulation in India: lessons for contemporary reform. Hum Resour Health. 2021;19(1):100–100.
- Ahmed FU. Public health, preventive & social medicine and Community-Medicine—the name game. Indian J Public Health. 2008;52(4):194–6.
- 43. Negandhi H, Sharma K, Zodpey SP. History and evolution of public health education in India. Indian J Public Health. 2012;56(1):12–6.
- Joshi V, Joshi NK, Bajaj K, Suthar P, Fant G, Purohit A. Undergraduate public health degree courses in India: selected overview. Int J Community Med Public Health. 2019;6(10):4224.
- Achutha Menon Centre for Health Science Studies. Sree Chitra Tirunal Institute for Medical Sciences & Technology, Thiruvananthapuram. Master of Public Health (MPH) programme students' manual 2015. https://www. sctimst.ac.in/academic%20and%20research/academic/Guidelines,% 20Manuals,%20Forms/resources/MPH_MANUAL%202015.pdf. Accessed 25 Sept 2021.
- 46. Achutha Menon Centre for Health Science Studies. Sree Chitra Tirunal Institute for Medical Sciences and Technology Thiruvananthapuram. Master of Public Health (MPH) programme students' manual 2011. https:// www.sctimst.ac.in/academic%20and%20research/academic/Guidelines ,%20Manuals,%20Forms/resources/MPH_MANUAL2014.pdf. Accessed 25 Sept 2021.
- 47. Amde WK, Sanders D, Sidat M, Nzayirambaho M, Haile-Mariam D, Lehmann U. The politics and practice of initiating a public health postgraduate programme in three universities in sub-Saharan Africa: the challenges of alignment and coherence. Int J Equity Health. 2020;19(1):1–14.
- 48. Singh A, Purohit B. Fracas over privatisation, quality assurance and corruption in Indian higher education. J Educ Pract. 2011;2(11 & 12):50.
- 49. Zodpey SP, Negandhi H, Yeravdekar R. Future directions for public health education reforms in India. Front Public Health. 2014;2(SEP):1–6.
- Karan A, Negandhi H, Hussain S, Zapata T, Mairembam D, De Graeve H, et al. Size, composition and distribution of health workforce in India: why, and where to invest? Hum Resour Health. 2021;19(1):39.
- Suresh K. Public health schools in India need to go beyond syllabus. J Qual Health Care Econ. 2020;3(2).
- 52. Model curriculum handbook of Masters in Public Health (MPH) 2017. Task Force for public health education of sub-group on health education and training of UK–India joint working group on cooperation in the field of health. New Delhi: Ministry of Health and Family Welfare, Government of India
- Bhat HV, Kamath R, Arunkumar G, Delzell E, Tipre M, Upadhyay DK, et al. MPH program at Manipal University, India-experiences, challenges, and lessons learned. Am J Ind Med. 2013;56(1):20–8.

- 54. National Health Policy 2017. Ministry of health and family welfare. Government of India. https://main.mohfw.gov.in/documents/policy. Accessed 6 Feb 2021.
- Grover A, Singh RB. Health policy, programmes and initiatives. Urban Health Wellbeing Indian Case Stud. 2019;26:251–66.
- Sundararaman T, Parmar D. Professionalizing public health management. #714 mandate for health: a symposium on providing affordable and accessible healthcare. 2019. https://www.india-seminar.com/2019/714/ 714_t_sundararaman_daksha.htm. Accessed 6 Feb 2021.
- 57. Tiwari R, Negandhi H, Zodpey S. Forecasting the future need and gaps in requirements for public health professionals in India up to 2026. WHO South-East Asia J Public Health. 2019;8(1):56.
- Lal D. The case for a public health cadre—The Hindu. https://www.thehi ndu.com/opinion/op-ed/the-case-for-a-public-health-cadre/article198 66350.ece. Accessed 6 Feb 2021.
- Sharma K, Zodpey S, Syed ZQ, Gaidhane A. Career opportunities for master of public health graduates in India. Asia Pac J Health Manag. 2013;8(1):45–50.
- Dahal S, Tiwari R, Zodpey S. Public health job opportunities in India: employers' perspective. J Health Manag. 2015;17(2):195–203.
- Rao M, Rao KD, Kumar AS, Chatterjee M, Sundararaman T. Human resources for health in India. Lancet. 2011;377(9765):587–98.
- Tiwari R, Negandhi H, Zodpey SP. Health management workforce for India in 2030. Front Public Health. 2018;6(AUG):1–8.
- 63. Kalangi S, Thakur H. Status of health management education in India: past, present, and future. Front Public Health. 2019;6(JAN):1–6.
- Sharma A, Zodpey SP. Transforming public health education in India through networking and collaborations: opportunities and challenges. Indian J Public Health. 2013;57(3):155–60.
- 65. Jain Y, Kataria R, Patil S, Kadam S, Kataria A, Jain R, et al. Burden & pattern of illnesses among the tribal communities in central India: a report from a community health programme. Indian J Med Res. 2015;141(5):663–72.
- Ilangovan K, Nagaraja SB. Addressing poverty in India's revised national tuberculosis control programme: are we failing to harness the opportunities? Curr Sci. 2019;117(2):182–5.
- 67. John TJ, Jain Y, Nadimpally S, Jesani A. Vaccine delivery to disease control: a paradigm shift in health policy. Indian J Med Ethics. 2017;2(2):112–5.
- Yasobant S, Bruchhausen W, Saxena D, Falkenberg T. One health collaboration for a resilient health system in India: learnings from global initiatives. One Health. 2019;8(January): 100096.
- Aggarwal D, Ramachandran A. One health approach to address zoonotic diseases. Indian J Community Med. 2020;45(5):6.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

