

Review

Ferula sinkiangensis **(Chou-AWei, Chinese** *Ferula***): Traditional Uses, Phytoconstituents, Biosynthesis, and Pharmacological Activities**

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Abstract: *Ferula* is the third largest genus of the Apiaceae family, its species are utilized as a remedy for diverse ailments all over the world. *F. sinkiangensis* K. M. Shen (Chou-AWei, Chinese *Ferula*) is mainly found in Xin-jiang Uygur Autonomous Region, China. Traditionally, it is utilized for treating various illnesses such as digestive disorders, rheumatoid arthritis, wound infection, baldness, bronchitis, ovarian cysts, intestinal worms, diarrhea, malaria, abdominal mass, cold, measles, and bronchitis. It can produce different classes of metabolites such as sesquiterpene coumarins, steroidal esters, lignans, phenylpropanoids, sesquiterpenes, monoterpenes, coumarins, organic acid glycosides, and sulfur-containing compounds with prominent bioactivities. The objective of this work is to point out the reported data on *F. sinkiangensis,* including traditional uses, phytoconstituents, biosynthesis, and bioactivities. In the current work, 194 metabolites were reported from *F. sinkiangensis* in the period from 1987 to the end of 2022. Nevertheless, future work should be directed to conduct *in vivo*, mechanistic, and clinical assessments of this plant's metabolites to confirm its safe usage.

Keywords: *Ferula sinkiangensis*; Apiaceae; traditional uses; sesquiterpene coumarins; biosynthesis; bioactivities; sustainability; responsible consumption and production

1. Introduction

People have utilized plants since ancient times for different reasons: food, clothing, shelter, decoration, and construction [\[1\]](#page-30-0). Their usage by local and indigenous communities has been vertically and orally transferred among generations [\[2\]](#page-30-1). Also, plants are dynamic factories for the production of enormous kinds of metabolites. The plants and/or their metabolites form the backbone for diverse pharmaceutics, perfume, cosmetic, agrochemical, and food industries. Besides, they are traditional remedies for many ailments in various countries particularly the developed ones [\[3,](#page-30-2)[4\]](#page-30-3).

Ferula is the third largest genus of Apiaceae family that comprises about 180 species. Its species commonly exist in Asian and Mediterranean regions e.g., Iran, Turkey, Algeria, Afghanistan, Saudi Arabia, Pakistan, China, and India [\[5\]](#page-30-4). *Ferula* means "carrier" or "vehicle" in Latin and this genus is distinguished by the existence of oleo-gum-resins (e.g., sagapenum, asafoetida, ammoniacum, and galbanum) [\[6\]](#page-30-5). Most of its plants are with a pungent odor and bitter taste due to the existence of disulfides [\[7\]](#page-30-6). In Asia, they are utilized as a spice and in pickles, meat sauces, curry, and other foods as flavoring agents [\[7\]](#page-30-6). In China, the *Ferula* resin is employed for treating dysentery, worms, and malaria, and

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to dissolve phlegm[,](#page-30-7) as well as an insecticide and deodorant [8]. Its plants are utilized as tranquilizers and for treating rheumatism, digestive disorders, headache, dizziness, toothache, and arthritis [\[9\]](#page-30-8). Also, they are of great significance in traditional and folk to change, and dramator $[\cdot]$. The σ and σ are or great eigenmeance in dramatorial and for more than thousand years in treating epilepsy, asthma, stomachache and headache, intestinal parasites, flatulence, influenza, dysentery, and weak digestion in differ-
The walso demonstrated approachants disclosed a greenial after a timities continuum and also inte ent countries [\[10\]](#page-30-9). These plants displayed a myriad of bioactivities: anticancer, anthelmintic, antiepileptic, antioxidant, antiulcer, antimicrobial, antihypertensive, antifungal, antide-
antiepileptic, antioxidant, antiulcer, antimicrobial, antihypertensive, antifungal, antidepressant, antiproliferative, antiprotozoal, antihemolytic, antimycobacterial, anticoagulant,
entifectility, antienesses die entipenerales at relevant antipenisenties, home etie messager. antifertility, antispasmodic, anticonvulsant, relaxant, antinociceptive, hypnotic, memory and digestive enzyme enhancing, antiviral, anxiolytics, antihyperlipidemic, antigenotoxic, anti-inflammatory, antihyperglycemic, antidiabetic, and hepatoprotective [\[11](#page-30-10)[–13\]](#page-30-11). They
also demonstrated aphicidal, phytotoxic, and acaricidal activities [11–13]. It was stated also demonstrated aphicidal, phytotoxic, and acaricidal activities [\[11](#page-30-10)[–13\]](#page-30-11). It was stated that sesquiterpene coumarins, coumarins, aromatic acid lactones, and sesquiterpenes are the prime phytoconstituents of *Ferula* plants roots [\[11,](#page-30-10)[14\]](#page-31-0), while sesquiterpenes and
monoterpenes and their oxygenated derivatives with diversified structures are the principal monoterpenes and their oxygenated derivatives with diversified structures are the principal metabolites of *Ferula* species aerial parts oil [15].

It is worth reporting that the improper practice of wild plants is commonly invasive It is worth reporting that the improper practice of which plants is commonly invasive
and devasting to the naturally existing medicinal plants which may cause a dangerous menace to these substantial plants and may result in the extinction of some valuable species [\[16\]](#page-31-2). Thus, the conservation of land resources and responsible consumption and species _[10]. Thus, the conservation or faild resources and responsible consumption and production are the challenges in sustainable land resources usage [\[16\]](#page-31-2).

F. sinkiangensis K.M. Shen (Chou-AWei, Chinese *Ferula*, (Xinjiang'awei)) is an important member of this genus. *F. sinkiangensis* is a perennial plant endemic in Xinjiang Uygur member of this genus. *1. shkungensis* is a perennial plant endemic in An_y
Autonomous Region, China [\[17\]](#page-31-3) (Figure 1).

Figure 1. A map illustrating the geographic location of the Xinjiang-Uigur Autonomous Region in **Figure 1.** A map illustrating the geographic location of the Xinjiang-Uigur Autonomous Region in China.

It was reported that this plant is in the menace of evanescence due to irrigation, road building, unconstrained mining, reclamation, climate variation, and original habitat deterioration, leading to annual shrinkage of *F. sinkiangensis* resources [\[18\]](#page-31-4). This plant was included among 2nd class protected wild medicinal species and 3rd class endangered plant in China [\[19](#page-31-5)[,20\]](#page-31-6). However, this plant has not yet been included in the IUCN Red List of threatened species, as well as in CITES (Convention on International Trade in Endangered Species of Wild Fauna and Flora) [\[21](#page-31-7)[–23\]](#page-31-8).

Additionally, various metabolites have been identified from its roots, oleo-gum-resin, resin, seeds, and aerial parts such as steroidal esters, phenylpropanoids, sesquiterpene coumarins, aromatic acids, sesquiterpenes, coumarins, monoterpenes, lignans, and sulfanes [\[11](#page-30-10)[,14,](#page-31-0)[24](#page-31-9)[–31\]](#page-31-10).

The plant and its phytoconstituents revealed various bioactivities such as anti-ulcerative, antibacterial, anti-inflammatory, antioxidant, molluscicidal, anti-schistosome, anti-drug addiction, immunopharmacological, anti-neuroinflammatory, anticancer, antifungal, antiviral, and insecticidal [\[11,](#page-30-10)[14,](#page-31-0)[25](#page-31-11)[–32\]](#page-31-12). It is noteworthy that there is no current inclusive review on this plant. Since 1987, many studies were performed revealing new metabolites with diverse structural variation and promising activities from this plant. In this work, the reported studies on this plant, including traditional uses, its metabolites, their structural classes, biosynthesis, and bioactivities are reviewed. Overall, this work intended to give an inclusive introduction to *F. sinkiangensis* that could help in identifying the future investigations direction and possible implementations of this valuable medicinal plant.

2. Research Methodology

To collect the reported data on *F. sinkiangensis*, a comprehensive search was carried out on PubMed (37 records) and Google-scholar (529 records) databases, as well as the published articles by various publishers, including Springer, Elsevier, Taylor & Francis, Wiley, MDPI, Thieme, Hindawi, etc. The search keywords were *F. sinkiangensis*, ethnomedicinal uses, folk uses, bioactive compounds, biosynthesis, phytochemistry, biological activity, and pharmacology.

The selection criteria of the records including in this work were: (1) research articles had to be published in scientific journals (2) studies that reported the traditional uses, metabolites, biosynthesis, and bioactivities of *F. sinkiangensis* (3) patents, book chapters, and conferences. The covered records in this work included the published articles from various publishers, patents, book chapters, and conferences in the period from 1987 to the end of 2022. For the non-English articles, English abstracts have been utilized. The studies that did not agree with the selection criteria, as well as the whole non-English, non-reviewed, and not journal articles are excluded. In the current work, 72 references have been cited including articles from various publishers, books, conferences, webpages, and patents (Figure [2\)](#page-3-0).

Figure 2. Sources of the cited references in this work and their numbers. T&F: Taylor and Francis **Figure 2.** Sources of the cited references in this work and their numbers. T&F: Taylor and Francis Ltd.; m
MDPI: Multidisciplinary Digital Publishing Institute; Z.Y.Y.K.: Zhongguo Yufang Yixue Kexueyuan; ueyuan; T.M.P.: Thieme Medical Publishers; Z.Z.Y.: Zhongguo Zhongyi Yanjiuyuan; W.P.: T.M.P.: Thieme Medical Publishers; Z.Z.Y.: Zhongguo Zhongyi Yanjiuyuan; W.P.: Webpages; I.S.P: W_{max} . The metric W_{max} of P_{max} of P_{max} of P_{max} of P_{max} of P_{max} of P_{max} Iranian Society of Pharmacognosy; R.S.C.: Royal Society of Chemistry; F.M.: Frontiers Media; C.P.:
 Cell Press; W.M.M.: Walsh Medical Media; H.P.C.: Hindawi Publishing Corporation; W.K.H.: Wolters Kluwer Health—Pvt.; G.R.O.: Global Research Online; J-Stage: Pharmaceutical Society of Japan; PLOS: Public Library of Science; L.W.W.: Lippincott Williams and Wilkins Ltd.; A.M.A.: American Medical Association; e-C.P.C.: e-Century Publishing Corporation; A.C.S. American Chemical Society.

3. Taxonomy of *F. sinkiangensis* **[32] 3. Taxonomy of** *F. sinkiangensis* **[\[32\]](#page-31-12)**

Species *sinkiangensis* **4. Traditional Uses of** *F. sinkiangensis*

4. Traditional Uses of *F. sinkiangensis F. sinkiangensis* is mainly found in Xinjiang, which is a region with various minorities. The plant has been described in the Chinese Pharmacopoeia and in "Medica of the Tang Dynasty" for a long time as a folk medicine for gastric disorders and rheumatoid $\sum_{i=1}^n$ for a formulation for a folk medicine for gastric disorders and rheumatoid arthritise and rheumatoid arthritise arthritise and rheumatoid arthritise and rheumatoid arthritise and rheumatoid arthritise and rheu arthritis [\[24\]](#page-31-9).

 $\frac{1}{2}$ a folk medicine recorded in Chinese Pharmacopoeia [\[25\]](#page-31-11). It is often utilized for reducing
diagnosis the symptoms of lumps, indigestion, joint pain, wound infection, baldness, bronchitis, and $\frac{1}{25}$ ovarian cysts by Uygur people in Xinjiang [\[25,](#page-31-11)[33](#page-31-13)[–35\]](#page-31-14). It also is efficient in killing intestinal in the state of the s worms, as well as treating parasite-caused malnutrition, abdominal and stomachic swelling The resin of the roots or stems of *F. sinkiangensis* (Ferulae Resina, "AWei" in China) is

pain, diarrhea, malaria, abdominal mass, cold, and measles. However, its powerful odor has restricted its usage [\[36,](#page-31-15)[37\]](#page-31-16). The resin is indicated in treating animal stagnation and Food accumulation, concertions and conglomerations because of blood stasis, abdominal syndrome, and abdominal pain due to accumulation of worms, also for malaria and dysentery [38] at doses 1–1.5 g in the form of pills or oral powder. The resin should not be decocted with H_2O [\[38\]](#page-31-17). Its use is prohibited for patients with spleen and stomach weakness, as well as for pregnant women [36[,38\]](#page-31-17). and food accumulation, conglomerations and conglomerations and conglomerations because of blood stasis, absolu pain, diarmea, maiaria, abdominal mass, cold, and measles. Tiowever, its powerful odor
has welcled its weeks 52027. The work in diarted in teachers wined at constituenced

5. Phytoconstituents of *F. sinkiangensis* The phytochemical investigation of different parts of *F. sinkiangensis*, including gum

resing
The phytochemical investigation of different parts of *F. sinkiangensis,* including gum resin, aerial parts, seed, roots, oleo-gum-resin, and resins led to the separation of different resin, aerial parts, seed, roots, oleo-gum-resin, and resins led to the separation of different classes of phytoconstituents by the mean of diverse chromatographic tools (Table S1). Their structure characterization was performed using various spectral techniques (e.g., UV, NMR, MS), as well as CD, $[\alpha]_{\text{D}}$, and Xray analyses and chemical means. A total of 194 metabolites were separated from *F. sinkiangensis* (excluding polysaccharides). These metabolites were highlighted below.

5.1. Sesquiterpene Coumarins 5.1. Sesquiterpene Coumarins

The reported studies showed that sesquiterpene coumarins represent the major The reported studies showed that sesquiterpene coumarins represent the major me-metabolites produced by this plant. They represent 60 metabolites (Figures [3](#page-4-0)[–8\)](#page-7-0) of the total compounds reported from this plant that were mainly separated from gum resin, seed, compounds reported from this plant that were mainly separated from gum resin, seed, roots, and resins. It was noted that no sesquiterpene coumarin derivatives were reported roots, and resins. It was noted that no sesquiterpene coumarin derivatives were reported from the aerial parts. from the aerial parts.

Figure 3. Structures of sesquiterpene coumarins (1–12) reported from F. sinkiangensis.

Figure 4. Structures of sesquiterpene coumarins (13–24) reported from F. sinkiangensis.

Figure 5. Structures of sesquiterpene coumarins (25-34) reported from F. sinkiangensis.

Figure 6. Structures of sesquiterpene coumarins (35-46) reported from F. sinkiangensis.

2,3-Dihydro-7-hydroxy-2R*,3S*-dimethyl-2-[4-methyl-5-
(4-methyl-2-furyl)-3(E)-pentenyl]-furo[3,2-c]coumarin (48)

2,3-Dihydro-7-hydroxy-2R*,3R*-dimethyl-2-[4-methyl-5-
(4-methyl-2-furyl)-3(E)-pentenyl]-furo[3,2-c]coumarin (49)

 \tilde{c}

HO

2,3-Dihydro-7-hydroxy-2S, 3R-dimethyl-2-[4, 8-dimethyl-3(E),
7-nonadienyl]-furo[3, 2-c]coumarin (50)

2,3-Dihydro-7-hydroxy-2R,3R-dimethyl-2-[4, 8-dimethyl-3(E),
7-nonadienyl]-furo[3,2-c]coumarin (51)

Figure 8. Structures of sesquiterpene coumarins (52–60) reported from F. sinkiangensis.

5.2. Sesquiterpene Chromones and Monoterpene Coumarins These compounds featured linked coumarin and sesquiterpene units through C–O–C ence energies a 24-carbon sessing a 24-carbon session of the stated bioactivities of this plant. ether bridge. These metabolites include monocyclic, bicyclic, or chain derivatives. Also,

Their separation was performed by different chromatographic techniques, including SiO_2/RP -18/Sephadex LH-20/HPLC, whereas the identification and configuration were accomplished using assort spectral tools (e.g., UV, NMR, MS), as well as CD, [α]_D and Xray analyses. They had UV absorbance at 320–330 nm and a common fragment at *m*/*z* 185 in MS [39]. MS [39].

Among these metabolites, karatavicinol A (55), a new sesquiterpene coumarin along with 32 , 39 , 41 , 52 , and 53 were purified from the antiulcer resin CHCl₃ extract $[14]$ 2R/3R[/10](#page-5-0)`R and 2S/3S/10`S configurations, respectively based on Xray and ECD data [40]. (Figure 5).

Wang et al. assumed the biosynthesis of **61** and **62** from ferulaeone A (**71**). The reduction 5.2. Sesquiterpene Chromones and Monoterpene Coumarins
5.2. Sesquiterpene Chromones and Monoterpene Coumarins

Sesquiterpene chromones possessing a 24-carbon skeleton consisting of sesquiterpene and chromone were reported from *F. sinkiangensis* roots. In 2022, Wang et al., reported $\frac{1}{2}$ the purification of new derivatives, (\pm) -ferulasin from the roots MeOH extract that was established by diverse spectral, Xray, and ECD analyses. Ferulasins (**61** and **62**) showed an unusual oxygen-bearing macrocyclic skeleton with a tri-oxaspiro unit and a new backbone in which the C-10' and C-11' of the sesquiterpene side chain form an oxygen-including 13-membered ring with C-2 of chromone (Figure [9\)](#page-8-0). It was obtained as an enantiomeric mixture that was chiral-separated by HPLC to (+)-**61** and (-)-**62** with 2R/3R/10'R and 2S/3S/10'S configurations, respectively based on Xray and ECD data [\[40\]](#page-31-19). Wang et al., assumed the biosynthesis of **61** and **62** from ferulaeone A (**71**). The reduction of the **71** side chain C-3 produces 6-membered ring containing oxygen (Scheme [1\)](#page-8-1). After that, the side chain C2'-C3' is oxidized and yields a 6-membered ring having oxygen with C-2 of chromone. After the six-membered ring fission, C10'-C11' bond reacts with ozone. Lastly, attack of oxygen-atoms to C2-C3 the double bond from below or above the plane with removal of H2O a molecule to afford **61** and **62** (Scheme [1\)](#page-8-1).

extract (Figure 9) [41].

Scheme 1. Biosynthetic pathway of (±)-ferulasin [\[40](#page-31-19)]. **Scheme 1.** Biosynthetic pathway of (±)-ferulasin [40].

Additionally, ferusinkin A (63), a rare new monoterpene coumarin and known analogs logs **64** and **65** were purified and identified by Liu et al. in 2020 from the aerial parts MeOH **64** and **65** were purified and identified by Liu et al. in 2020 from the aerial parts MeOH extract (Figure [9\)](#page-8-0) [41]. extract (Figure 9) [\[41\]](#page-31-20).

5.3. Coumarins

The coumarins; **66** and **67** were purified from the *F. sinkiangensis* aerial parts and characterized based on spectral and physical data [\[41\]](#page-31-20). Additionally, sinkiangenol F (68) a
This compound is rare controlled from the resin extract. This compound is resin to the resin of the resin of th new coumarin was purified from the resin EtOH extract. This compound is rare coumarin
derivative having a country of the motion of the phenomenon moiety by C–C linkage of linkage of linkage of lin derivative having a coumarin unit connected to phenylethane moiety by C–C linkage at
C 8 [20] C-8 [\[39\]](#page-31-18).

5.4. Sesquiterpene Phenylpropanoids 5.4. Sesquiterpene Phenylpropanoids

Sesquiterpene phenylpropanoid derivatives were commonly separated from *Ferula* Sesquiterpene phenylpropanoid derivatives were commonly separated from *Ferula* genus [\[42](#page-31-21)]. In 2018, Wang et al., stated the separation of new sesquiterpene phenylpropanoids, sinkiangenones A (**69**), and B (**70**), along with **72** from the resin 95% EtOH panoids, sinkiangenones A (**69**), and B (**70**), along with **72** from the resin 95% EtOH extract, extract, which were specified utilizing spectral and CD analyses (Figure 10) [\[29\]](#page-31-22). which were specified utilizing spectral and CD analyses (Figure 10) [\[29](#page-9-0)].

Figure 10. Structures of sesquiterpene phenylpropanoids (69–76) from F. sinkiangensis.

Also, Wang et al. separated sesquiterpene phenylpropanoid derivatives (**71** and **73**– Also, Wang et al., separated sesquiterpene phenylpropanoid derivatives (**71** and **73**–**76**) **76**) from *F. sinkiangensis* roots MeOH extract [43]. It is noteworthy that these derivatives from *F. sinkiangensis* roots MeOH extract [\[43\]](#page-32-0). It is noteworthy that these derivatives were previously reported from other *Ferula* species: **71** from *F. ferulioides* roots; **73** from the E. mongolica; 74 from F. ferulioides roots; 75 from F. heuffelii, F. fukanensis, and F. ferulioides roots, and 76 from *F. heuffelii* and *F. ferulioides* roots [\[42](#page-31-21)[,43\]](#page-32-0), suggesting the close chemotaxonomic relation of *F. sinkiangensis* and the other *Ferula* species, therefore, they could share the biosynthetic pathways of these metabolites [\[43\]](#page-32-0). could share the biosynthetic pathways of the biosynthetic pathways of these metabolites \mathcal{A} underground parts of *F. heuffelii* and roots of *F. ferulioides*, *F. fukanensis*, *F. dubjanskyi*, and

5.5. Lignans

5.5. Lignans Lignans, norlignans, and sesquilignans were reported mainly from *F. sinkiangensis* Lignans, norlignans, and sesquilignans were r[epo](#page-10-0)rted mainly from *F. sinkiangensis* seeds and resins. (±)-Ferulasinkins A–D (**82**–**89**) (Figure 11), new norlignans characterized by tetrahydrofuran rings were separated as racemic mixtures from the EtOAc fraction of the by tetrahydrofuran rings were separated as racemic mixtures from the EtOAc fraction of resins 95% EtOH extract by MCI gel CHP 20P/RP-18/YMC gel ODS-A-HG/SiO2/Sephadex LH-20/preparative TLC.

Figure 11. Structures of lignans (**77**–**89**) reported from *F. sinkiangensis*. **Figure 11.** Structures of lignans (**77**–**89**) reported from *F. sinkiangensis*.

The chiral column HPLC separation afforded their (*-*)- and (+)-antipodes. Their struc-The chiral column HPLC separation afforded their (*-*)- and (+)-antipodes. Their struc-tures and configurations were specified by spectral tools and computational methods [\[28\]](#page-31-23).

tures and configurations were specified by spectral tools and computational methods [28].

(**90–97**) characterized by a rare α-γ', $β$ -γ', and $γ$ -γ' linkage pattern, and new lignans; (**90**–**97**) characterized by a rare α-γ′, β-γ′, and γ-γ′ linkage pattern, and new lignans; sin-sinkianlignans (±)-E–F (**98**–**101**) from the resin 95% EtOH extract using SiO2/RP-18/MCI gel CHP 20P/YMC gel ODS-A-HG/Sephadex LH-20 CC/preparative TLC and chiral HPLC and elucidated by spectral and computational tools (Figures [12](#page-11-0) and [13\)](#page-11-1) [\[44\]](#page-32-1). Additionally, Li et al., purified new racemic sesquilignans; sinkianlignans (\pm) -A–D

Sesquilignans are type of lignans that consist of 3 phenylpropanoid units. Compound **94** was assumed to be biosynthesized by the shikimate pathway (Scheme [2\)](#page-12-0). First, phenylpropanoid is formed by a shikimic acid pathway that undergoes polymerization to produce intermediate A (aryltetralin lignan). In addition, intermediate C with a new six-membered ring skeleton is yielded from the intermediates **A** and **B** by the Diesel-Alder cycloaddition reaction. Moreover, **C** produces **D** by opening the ring at C1−C7. Subsequent oxidization and decarboxylation of **D** yields **E**. After a set of redox reactions, intermediate **E** gives **94** [\[44\]](#page-32-1).

Sinkianlignans G–K (**102**–**111**) new norneolignans were purified from 95% resin EtOH extract utilizing SiO_2/RP -18/MCI gel CHP 20P/Sephadex LH-20/preparative TLC (Figure [14\)](#page-12-1). Compounds **102**–**111** were obtained as racemic mixtures that were separated by chiral HPLC and characterized by spectral and computational means [\[18\]](#page-31-4).

Figure 12. Structures of lignans (**90–97**) reported from F. sinkiangensis.

Figure 13. Structures of lignans (98-109) reported from F. sinkiangensis.

Scheme 2. Biosynthesis of sinkianlignan C (94) via shikimate pathway [44].

Figure 14. Structures of lignans (110–114) reported from F. sinkiangensis.

Besides, monoterpenes (e.g., carene (**115)**, camphene (**116)**, β-pinene (**117),** α- pinene *5.6. Sesquiterpenes and Monoterpenes*

Besides, monoterpenes (e.g., carene (115), camphene (116), β -pinene (117), α -pinene (118) and n cumono (119)) were onecuntered in the E circling varieties also cum regine (volatile (118), and p-cymene (119)) were encountered in the *F. sinkiangensis* oleo-gum resins' volatile oil (Figure 15) [8]. Further, Wang et al., purified a new sesquiterpenoid 125, along with 120, 122, and 124 from *F. sinkiangensis* roots. Compounds 124 and 125 were isomeric cyclic-endoperoxy-nerlildol sesquiterpene derivatives, whereas 120 and 122 were chain and guaiane-type sesquiterpenoid, respectively [40].

Figure 15. Structures of monoterpenes (115–119) and sesquiterpenes (120–125) reported from
Entitlements *kiangensis*. *F. sinkiangensis*.

5.7. Sulfanes

5.7. Sulfanes It was reported that polysulfides including disulfanes, trisulfanes, di-disulfanes, and resins. The oil content was 16.7% of which 64.1% were sulfur compounds. The disulfanes were the prime compone[nts](#page-14-0): **126–130**, **134**, and **135** (Figure 16) [\[8\]](#page-30-7). Further, the GC-MS analysis of essential of (5.8% yield) of 1. *skaling the secus obtained from Alifang*, China
that was prepared by hydro-distillation method revealed the existence of 26 metabolites, $comprising 99.001\%$ $comprising 99.001\%$ $comprising 99.001\%$ of total oil [33]. thio-disulfanes are the predominant constituents of the *F. sinkiangensis* volatile oil oleo-gum analysis of essential oil (3.8% yield) of *F. sikiangensis* seeds obtained from Xinjiang, China

MS analysis of essential oil (3.8% yield) of *F. sikiangensis* seeds obtained from Xinjiang, *5.8. Sterols*

Chromatography separation of *F. sinkiangensis* 95% EtOH seed extract using SiO₂, Sephadex LH-20, and HPLC yielded new steroidal esters: sinkiangenrins A (148) and B (**149**) that were characterized by NMR and Xray analyses [\[17\]](#page-31-3). These compounds are related to oleagenin-cardenolide with different C-13/C-10/C-9/C-8 configuration, having 3S/8R/9S/10S/11S/13S/17R/18R and 8S/9S/10S/12R/13R/17R/18R-configurations, respectively (Figure [17\)](#page-14-1).

These metabolites have an unparallel carbon framework that originates from C21 steroids (Scheme [3\)](#page-15-0). Firstly, the initiation of D-ring rearrangement by C8–C14 pregnane epoxide formation, then C-8 carbocation formation. After that, Wagner–Meerwein rearrangement results in a C14–15 bond migration to C-8 and the creation of a C-14 protonated carbonyl that is deprotonated [\[45\]](#page-32-2). Following that set of enzyme-catalyzed reactions produce **148** and **149** [\[17\]](#page-31-3).

5.9. Phenolic Compounds and Other Metabolites

Several studies reported the separation of phenolics metabolites such as flavonoids, phenylpropanoids, and acids from resin and seed extracts (Figures [18](#page-15-1) and [19\)](#page-16-0) [\[18](#page-31-4)[,24](#page-31-9)[,27](#page-31-24)[,29\]](#page-31-22).

Figure 16. Structures of sulfanes (126–147) reported from *F. sinkiangensis*.

Stigmasterol-3-O-b-D-glucoside (153)

Figure 17. Structures of sterols (**148**–**153**) reported from *F. sinkiangensis*. **Figure 17.** Structures of sterols (**148**–**153**) reported from *F. sinkiangensis*.

duce **148** and **149** [17].

Scheme 3. Biosynthesis of sinkiangenrins A (148) and B (149) [\[17\]](#page-31-3). 5 Cheme 3 . DOS

Figure 18. Structures of phenolic compounds (154-169) reported from F. sinkiangensis.

From the resin extract, new tetrahydrobenzofuran derivatives: sinkiangensis A–C (182-184) were purified using SiO₂ CC/HPLC and elucidated by spectral and ECD analyses (Figure [20\)](#page-16-1) [\[46\]](#page-32-3). Besides, sinkiangenrin C (**192**), a new organic acid glycoside was purified from seeds 95%EtOH extract. It is a 2-(1-hydroxyethyl)-4-methyl pentanoic acid 4-O-β-Dglucopyranoside [\[17\]](#page-31-3).

Figure 18. Structures of phenolic compounds (**154**–**169**) reported from *F. sinkiangensis*.

3-(3,4-Dimethoxyphenyl)-2-propen-1-yl ester (181)

Figure 19. Structures of phenolic compounds (170-181) reported from F. sinkiangensis.

Figure 20. Structures of other metabolites (182–194) reported from F. sinkiangensis.

5.10. Polysaccharides

Ghulameden et al., reported the separation of water-soluble polysaccharide from *F. sinkiangensis* roots gathered from Yili, Xinjiang Region, China using DEAE-cellulose-52 column (distilled H_2O , as eluent) that was assigned by IR and HPLC analyses. The FSPs (crude polysaccharides) had ribose/arabinose/glucose/fucose/galactose (ratios 8.9/3.3/2.1/1.5/0.3), while FSPs-n (neutral polysaccharides) and FSPs-a (acidic polysaccharides) contained glucose/xylose/arabinose/galactose/mannose (ratios 3.9/4.0/1.8/1.4/0.8) and glucose/xylose/mannose/arabinose (ratios 6.5/4.0/1.7/1.0), respectively [\[34\]](#page-31-25).

In another study, the sequential extraction of *F. sinkiangensis* roots yielded 28.86 wt% total polysaccharides. The polysaccharide fractions are heteropolysaccharides, containing galacturonic and glucuronic acids, galactose, xylose, rhamnose, fructose, and arabinose [\[47\]](#page-32-4).

6. Biological Activities of *F. sinkiangensis* **Extracts and Metabolites**

6.1. Anti-Inflammatory and Anti-Neuroinflammatory Activity

From the Chinese medicine Awei (*F. sinkiangensis* gum resin) CHCl₃ extract, new metabolites; **23** and **36**, in addition to formerly reported **1**, **5**, **7**, **8**, **11**–**13**, **16**, **32**, **33**, **39**, **41**, **52**, and **57** (Table [1\)](#page-22-0)were assessed for their anti-neuroinflammatory activity against LPS (lipopolysaccharide)-stimulated NO production in BV-2 microglial cells using the nitrite and MTT (3-(4,5-dimethylthiazol-2-yl)- 2,5-diphenyltetrazoliumbromide) assays. It was noted that **7**, **12**, **32**, and **33** possessed marked activity (IC_{50} 6.93, 4.96, 10.5, and 5.95 μ M, respectively) compared to minocycline (IC₅₀ 37.04 μ M), whereas **5**, **8**, **11**, **13**, **39**, **41**, and 57 greatly lessened NO production (IC_{50} s ranged 19.88–47.43 μ M). Compound **12** (Conc. 1–10 μM) remarkably suppressed IL-6, TNF- α , and IL-1β expression, as well as COX-2 (Conc. 3–10 μ M) caused by LPS in BV2 cells. Thus, this plant might have the potential as anti-Alzheimer's disease therapy [\[48\]](#page-32-5). Structure-activity relationship revealed that the substitution at C-3' in the bicyclic derivatives that possess $8'R$ -CH₃ and $8'R$ -OH had a substantial role in the activity. The capability of C-3'-substitutents to boost the effect followed this order: acetoxy, α -OH, β -OH, and C=O, however, this order varied in bicyclic derivatives with C-8' terminal olefinic bond. In the mono-cyclic derivatives, the rings' breaking position of sesquiterpene moiety could influence the efficacy e.g., **32** and **33** with broken A-ring were more active than **39** and **41** with broken B-ring. Besides, the O-bridge in ring A in monocyclic derivatives improved the efficacy. On the other hand, the chain derivatives (e.g., **57** and **52**) had weak activity [\[48\]](#page-32-5). In 2020, Zhang et al., evaluated the potential of **12** on ischemic stroke utilizing BCCAO (bilateral common carotid artery occlusion) and LPS-invigorated microglia models. It was found that **12** relieved cognitive weakness, lowered neuronal forfeiture, repressed microglial stimulation, and converted microglia from the proinflammation M1 type to the anti-inflammation M2 type in the BCCAO-mice model. Moreover, it organized microglial polarization and suppressed the MAPK (mitogen-activated protein kinase) and NLRP3 signaling pathways subsequent to LPS-treatment in vitro. These findings highlighted the possible activity of **12** for treating ischemic stroke [\[49\]](#page-32-6).

Episamarcandin (**15**) Anticancer MTT/AGS 83.8 μM (IC₅₀) Taxol 3.5 μM (IC₅₀) [\[50\]](#page-32-7)

Table 1. Biological activity of reported metabolites from Ferula sinkiangensis.

Further, in 2021, Mi et al., explored the potential of **12** on cerebral ischemia utilizing MCAO (middle-cerebral-artery occlusion) and LPS-boosted microglia models. In the MCAO model, **12** amended neurological outcomes and decreased infarct size and edema of the brain in rats. It also mitigated neuron injury and restrained microglial activation. Moreover, **12** guarded neuronal cells against damage by repressing microglial activation in LPS-invigorated BV2 cells. It also diminished the proinflammatory cytokines levels, NADPH oxidase activity, and ROS generation, along with the NF-κB signaling pathway repression [\[28\]](#page-31-23).

Chemical investigation of *F. sinkiangensis* resin 95% EtOH extract resulted in new sesquiterpene coumarins: **27**, **28**, **31**, **38**, **46**, and **56**–**60,** along with early reported **3**, **5**, **8**, **23**, **25**, **29**, **30**, **40**, **41**, and **52**. They were characterized spectral/ECD/[α]_D analyses. Their inhibitory potential on NO production induced by LPS using nitrite and MTT assays in BV2 cells. Compounds **3**, **5**, **8**, **25**, **28**–**31**, **38**, **40**, **41**, **46**, and **56** possessed noticeable inhibition of NO production in over-activated BV2 cells, (IC₅₀s 1.2–93.8 μ M) compared to minocycline $(IC_{50} 65.5 \mu M)$, while **27, 23, 52, and 57–59** had weak inhibitory capacity $(IC_{50} > 00 \mu M)$. It was noted that **28** (IC_{50} 1.2 μ M) revealed the potent in vitro anti-neuroinflammatory that was confirmed by docking to TLR4/MD-2. Structure-activity relation showed that chain sesquiterpene coumarins with C-10' acetoxy group (e.g., **56**) had powerful activity than the ones with C-10'-OH, an unsaturated fatty chain or 4-decylenic acid ester (e.g., **57**, **58**, and **59**, respectively). A-ring substitution pattern affected the potential of monocyclic derivatives with opened B-ring. The α,β-unsaturated ketone (e.g., **38**) increased the effect, while the seven-membered ring-A resulted from C-4'-O-C-3' linkage (e.g., 28) remarkably repressed NO producing relative to six-membered ring-A derivatives. In the compounds with opened A-ring (e.g., **29**–**31** and **46**), increase the length of oxyacyl side chain at C-3' weakened the anti-neuroinflammatory activity [\[25\]](#page-31-11).

Among the lignan derivatives, **90**–**101**, **92** and **93** possessed anti-inflammatory potential via inhibiting TNF- α and IL-6 production mediated by LPS in RAW264.7 cells without affecting the RAW264.7 viability. Besides **92** and **93** notably suppressed LPS-produced iNOS and COX-2 expression in RAW264.7 cells [\[44\]](#page-32-1), whereas **102**–**111** had COX-2 inhibition capacity (IC50s 4.47–21.96 µM) [\[18\]](#page-31-4). This evidence supported the role of *F. sinkiangensis* in treating inflammation [\[18,](#page-31-4)[44\]](#page-32-1).

In 2022, ferulagenol A (**176**) a new phenolic metabolite, in addition to **158**, **171**–**173**, **175**, and **177** were reported by Yan et al., Compounds **176** and **177** possessed notable COX-2 inhibitory capacity (IC $_{50}$ s 3.63 and 3.0 μ M, respectively) [\[18\]](#page-31-4).

On the other hand, *F. sinkiangensis* gum resin CHCl³ extract considerably prohibited production of NO in LPS-boosted BV-2 microglial cells (IC_{50} 1.66 μ g/mL) [\[48\]](#page-32-5).

6.2. Anticancer Activity

New sesquiterpene coumarins, **10**, **17**, **21**, and **22** and related analogs **1**, **5**–**9**, **11**–**14**, **20**, **24**, **26**, **29**, **30**, **32**, **37**, **39**, **41**, **52**, **54**, and **57** were reported from the 95% EtOH extract of the resin [\[39\]](#page-31-18). These compounds displayed moderate to weak anticancer potential against AGS, HeLa, and MGC-803 cell lines. Compounds **5**, **8**, and **29** demonstrated anticancer potential against AGS, HeLa, and MGC-803 cell lines (IC $_{50}$ s 20.0–49.0 µM), compared to taxol (IC₅₀ 1.8, 7.5, and 3.4, respectively). Compound 10 had (IC₅₀16.0 μ M) selective activity against HeLa cells. The mechanistic study demonstrated that **10** caused G_0/G_1 cell cycle arrest and apoptosis in HeLa cells. It induced its effect by affecting the expression of cell cycle regulation- and apoptosis-related proteins by stimulating the MAPK pathway [\[39\]](#page-31-18). Additional work by Li et al., reported the separation of another new sesquiterpene coumarins, sinkiangenorin F (**42**) and its 8-acetyl derivative, and 8-O-acetyl sinkiangenorin F (**43**) from the seeds EtOH extract. They feature ether-linked coumarin and sesquiterpene moieties with $6'S/8'S/9'S$. They exhibited anticancer potential (IC₅₀s 27.1 and 62.7 μ M, respectively) against AGS cell lines in the MTT assay [\[51\]](#page-32-12).

Li et al. in 2015 purified and characterized sinkiangenorin D (**44**), a novel sesquiterpene coumarin having fekrynol- sesquiterpene skeleton, along with **2**, **15**, **19**, **24**, **25**, **29**, **34**, **35**, **41**, and 52 from the seeds' EtOH extracts. Compound 44 is sesquiterpene coumarin involving a monocyclic cycloheptene sesquiterpene unit. These metabolites (IC₅₀s 12.7–226.6 μ M) demonstrated anticancer capacity on HeLa, AGS, and K562 in the MTT assay. Compounds 24, 25, 29, 35, 41, and 44 had activity on HeLa cells (IC₅₀s 20.4–226.2 µM), whereas 2, 15, 24, 34, 41, 44, and 52 were active against AGS cells (IC $_{50}$ s 12.7-104.8 µM) compared to taxol (IC₅₀s 3.5–8.5 µM) [\[50\]](#page-32-13). Sinkiangenorin D (44) was proposed to be biosynthesized from fekrynol-kind ses[qui](#page-32-13)terpene [50]. Firstly, the formation of **II** is accomplished by C-4 protonation and the olefinic bond electron-transport reaction. Thereafter, the C4-C5 electrons would transmit to C11, resulting in a seven-member ring formation. The C-5' methyl transmission and successive loss of proton form C4′–C5′ double bond result in this novel framewo[rk f](#page-32-13)ormation [\[5](#page-24-0)0] (Scheme 4).

Scheme 4. Biosynthetic pathway of sinkiangenorin D (**44**) [\[52\]](#page-32-14). **Scheme 4.** Biosynthetic pathway of sinkiangenorin D (**44**) [52].

A novel metabolite (**45**) having unrivaled bicyclo[4.3.1]decane-type sesquiterpene A novel metabolite (**45**) having unrivaled bicyclo[4.3.1]decane-type sesquiterpene skeleton was purified from the 95% EtOH extract of the seeds. Its $2'S/3'R/5'R/7'R/10'R$ figuration was determined based on NMR and CD analyses. It had moderate and weak configuration was determined based on NMR and CD analyses. It had moderate and weak anticancer activity against AGS (IC₅₀ 12.7 μ M) and Hela (IC₅₀ 82.9 μ M) cells, respectively compared to taxol (IC_{50} 3.5 and 5.6 μ M, respectively) [\[52\]](#page-32-14).

Umbelliprenin (**52**) possessed dose-dependent and time-dependent apoptosis in CLL Umbelliprenin (**52**) possessed dose-dependent and time-dependent apoptosis in CLL (chronic lymphocytic leukemia) that was more sensitive to **52** than PBMCs. It is noteworthy that IL-4 could not decline **52**-caused apoptosis in CLL (Figure [7\)](#page-6-0). Thus, **52** oral administration as foods or folk medicines, might stimulate the protection against CLL development
the contract of the contract of the protection against CLL development with few side effects, however, additional clinical investigations are needed [\[53\]](#page-32-15). Gho-[53]. Gholami et al. reported that **52** potentiated apoptosis intrinsic/extrinsic pathways in lami et al., reported that **52** potentiated apoptosis intrinsic/extrinsic pathways in Jurkat cells by activating caspase-9 and -8, as well as Bcl-2 prohibition [\[54\]](#page-32-16). Another study by
Zhannel al-annel al-late Falced candidate virtuos case dirity (Cased 2003) and an by Zhang et al. revealed that **52** had a notable anticancer activity (IC50s 13.67 and 20.82 Zhang et al., revealed that **52** had a notable anticancer activity (IC50s 13.67 and 20.82 µM, reµM, respectively) against AGS cells with less anticancer to GES-1 (normal human gastric cell line). It boosted AGS cells apoptosis with elevated Bax/Bcl-2 ratios, ROS generation, examples. It boosted AGS cells apoptosis with elevated Bax/Ber 2 ratios, ROS generation, lessened mitochondrial-membrane potential, and PARP and caspase 3 activation resulting generation, lessened mitochondrial-membrane potential, and PARP and caspase 3 activa-in mitochondrial apoptosis pathway activation. It also arrested the G0/G1 phase of the cell tion resulting in mitochondrial apoptosis pathway activation. It also arrested the G0/G1 cycle, increased P27, P53, and P16, expression, and diminished cyclin E, cyclin D, Cdk2, phase of the cell cycle, increased P27, P53, and P16, expression, and diminished cyclin E, and Cdk4 expression in cancer cells. Therefore, it could be developed into anti-cancer cyclin D, Cdk2, and Cdk4 expression in cancer cells. Therefore, it could be developed into therapy [\[24\]](#page-31-9). In 2019, Zhang et al., also reported that **52** also demonstrated anticancer anti-cancer therapy [24]. In 2019, Zhang et al. also reported that **52** also demonstrated an-capacity against BGC-823 and AGS, with less toxic influence on the normal GES-1 gastric cells. It was proven to prevent gastric cancer cell invasion, growth, and migration by disconcerting the Wnt signaling pathway. Additionally, it exhibited no harm in the in vivo BGC-823 xenograft model as evidenced by no observed abnormality in daily diet, body weight, liver function, and histological features of the spleen, liver, lung, kidney, and heart tissue. This further supported the previous evidence of its promising potential for treating gastric cancer [\[55\]](#page-32-17). This function is previous evidence of its propising potential potential potential potential $\frac{1}{2}$ spectively) against AGS cells with less anticancer to GES-1 (normal human gastric epithelial

The anticancer investigation against SW1990, CFPAC-1, Capan-2, and PANC-1 revealed that (+)-61 and (-)-62 had marked proliferation inhibition capacity on PANC-1 cells (IC₅₀s 2.24 and 0.92 μ M, respectively) and moderate activity against CFPAC-1 cells (IC₅₀s 6.12 and 19.13 μ M, respectively) compared to taxol (IC₅₀s 0.22 and 0.38 μ M, respectively). It was noted that the anticancer potential of (+)-61 was more powerful than (-)-62 [\[40\]](#page-31-19). Also, **63–65** had anticancer activity (EC₅₀s 22.78–65.38 μM) against IOZCAS-Spex-II, where **65** was the most potent (EC_{50} 22.78 μ M) relative to camptothecin (EC_{50} 51.27 μ M) [\[41\]](#page-31-20).

Wang et al., examined the activity of **69** and **70** against AGS, MGC-803, and GES-1 using MTT assay. Only **70** possessed the notable anticancer potential against MGC-803 and AGS (IC $_{50}$ s 18.89 and 16.15, respectively) with less toxicity against GES-1 (IC $_{50}$ 36.73 μ M) comparing with taxol (IC₅₀ 3.35, 1.82, and 2.67 μ M, respectively), whereas the other metabolites had no notable potential. The mechanistic study revealed that **70** was found to elevate Bax/Bcl-2 ratios, as well as RB, P16, and P27 expression and decrease cyclins (D1 and E), Cdk4, P53, and Cdk2, resulting in apoptosis and G_0/G_1 cell cycle arrest in AGS cells. This compound could be a potential candidate for gastric cancer therapy [\[29\]](#page-31-22).

F. sinkiangensis seeds afforded **77**–**80** that displayed weak to moderate anticancer activity on AGS and Hela cells in the MTT assay [\[17\]](#page-31-3) (Figure [10\)](#page-9-0), whereas **77**, **80**, and **81** had a weak anticancer capacity against AGS, HeLa, A549, and PC3 cell lines in the MTT assay (IC₅₀s 54.4–167.3 μ M) [\[24\]](#page-31-9).

In the CCK-8 assay, **84** and **86** were found to significantly prohibit the migration and invasion of TNBC) cell lines. On the other hand, **88** and **89** promoted the HUVECs) proliferation which was more remarkable than bFGF (basic-fibroblast-growth factor, positive control) in the wound-healing assay [\[35\]](#page-31-14).

New phenylpropanoid derivative; sinkiangenones C (**179**) and D (**180**), along with **158**, **163, 164**, **166**–**170, 174**, and **181** were separated from the resin 95% EtOH extract and specified by spectral and CD analyses. In the MTT assay against AGS, MGC-803, and GES-1, they had no or weak potential (IC_{50} s 18.89 to 182.46 μ M) [\[29\]](#page-31-22).

Sinkiangensis A–C (182–184) possessed anticancer activity on the AGS cell line (IC₅₀s 87.1, 72.7, and 15.6 µM, respectively), whereas **184** was the most active in comparison to taxol (IC₅₀ 4.69 μ M) and induced AGS cell apoptosis in the MTT assay. Unfortunately, they (IC⁵⁰ > 100 µM) had no effect against HeLa and K562 cells [\[46\]](#page-32-3). Whilst **192** exhibited anticancer activity on AGS cells (IC_{50} 36.9 μ M) [\[17\]](#page-31-3).

The petroleum ether, EtOAc, n-BuOH, and MeOH fraction possessed of *F. sinkiangensis* resin anticancer activity against Caco-2, HC-T116, MFC, and HepG2 cells in the SRB assay. EtOAc fraction was found to have the potent anti-proliferative and apoptotic effects against all tested cell lines. This was correlated to its content of sesquiterpene coumarins [\[31\]](#page-31-10).

6.3. Antiviral, Insecticidal, and Antimicrobial Activities

Besides, 45 prohibited (IC₅₀ 4.0 μ M) BJ09/H1N1 (influenza A/Beijing/7/2009 H1N1) infection in MDCK cells [\[52\]](#page-32-14). The monoterpene coumarins; **63**–**65** and the coumarins: **66** and **67** displayed insecticidal potential (Conc. 10 µg/larva, 24 h) against *S. exigua* 3rd instar larvae (%mortality ranging from 26.67–52.22%) compared to camptothecin (18.89% mortality) [\[41\]](#page-31-20). From the aerial parts, sesquiterpenes; nerolidol (**120**) and guaiol (**122**) (58.89 and 41.11% mortality, respectively) possessed toxic potential on the *S. exigua* insect 3rd instar larvae [\[41\]](#page-31-20). Additionally, **120** exhibited antifungal effect against plant pathogens: inhibitory effects on *Pyricularia grisea, Alternaria alternata,* and *Botrytis cinereal* (MICs 16, 32, and 32 μ g/mL, respectively) compared to carbendazim (MICs 32, 16, and 32 μ g/mL, respectively) [\[41\]](#page-31-20).

6.4. Anti-Drug Addiction Activity

Drug addiction is a prime health concern that influences a growing number of persons and gives rise to severe economic and social burdens to economy society [\[56](#page-32-18)[,57\]](#page-32-19). Despite the fact that diverse remedial strategies for drug addiction and abuse are developed, including psychological, sociological, and pharmacological interventions, their activity is yet restricted [\[58](#page-32-20)[,59\]](#page-32-21).

A mixture of **133** and **135** was obtained from the *F. sinkiangensis* crude essential oil. A mixture of **133** and **135** (1:3 ratio, doses: 20, 40, and 60 mg/kg, ip) significantly repressed the morphine abstinence syndrome and physiological addiction in rats and mice [\[60\]](#page-32-22). At the same doses, this mixture (1:3 ratio, i.p.) reduced morphine-induced bodyweight loss. While the mixture declined the abdominal writhing movements number and automatic activity (doses 10.73, 21.45, and 43.55 mg/kg, i.p.) revealing its analgesic and sedative

potential. Its acute toxicity evaluation showed the LD_{50} values of its iv and ip injections were 1.42 g/kg and 1.66 g/kg, respectively [\[60\]](#page-32-22).

In 2006, Wang reported in his patent that the resin extract in the form of capsules, powder, injection, drop pills, granules, tablets, or oral liquid) ameliorated the influences of serious and moderate long-time drug addictions in addicted patients, indicating its potential for treating subjects addicted to morphine, opioid, diamorphine, and marijuana [\[36](#page-31-15)[,38\]](#page-31-17). It is noteworthy that $0.1-20 g/kg$ was found to be the therapeutically effective amount of the extract for producing an effect of abstinence of morphine, whereas the preferable dose was $1-3$ g/kg $[36]$.

6.5. Protein-Tyrosine Phosphatase 1B Inhibition Activity

FSPs-a (acidic polysaccharides) fraction of *F. sinkiangensis* roots water-soluble polysaccharides revealed in vitro PTP1B (protein-tyrosine phosphatase 1B) competitive inhibition $(IC_{50} 0.29 \mu g/mL, %$ inhibition 91.23%) [\[34\]](#page-31-25). In another study, the PTP1B inhibitory potential of the different polysaccharides fractions was estimated. It was noted that the inhibitory capacity of the tested fractions elevated with raising their galactose content, therefore, galactose may be a ligand for blocking PTP1B catalytic site [\[47\]](#page-32-4).

6.6. Antiulcer and Antioxidant Activities

In the in vivo antiulcer assay, different *F. sinkiangensis* resin extracts possessed antiulcer capacity, whereas CHCl₃ extract (%inhibition 48.43) had comparatively better antiulcer potential than the *n*-BuOH and EtOAC (%inhibition 37.07 and 46.06%, respectively) extracts comparing to famotidine (%inhibition 45.37) [\[14\]](#page-31-0). In the DPPH assay, the *F. sinkiangensis* resin *n*-BuOH, EtOAc, and MeOH fractions significantly scavenged DPPH, whereas the EtOAc fraction was the most effective and the petroleum ether fraction was weakly active in the DPPH assay [\[31\]](#page-31-10).

6.7. Feed Attraction Activity

In 2020, Xu et al., reported that feeding *Lateolabrax japonicus* (commercial fish) with *F. sinkiangensis* was found to notably promote *L. japonicus* foraging and better digestive enzyme activity and fish growth performance, where $10 g/kg$ was appropriate in the fish diet. Thus, it had an efficient role in *L. japonicus* farming and could have potential in the aquaculture industry as aquafeed formulation [\[61\]](#page-32-23).

7. Traditional Ethnomedicinal Uses in Asian Countries

Medicinal plants are fundamental to humans and utilized for thousands of years in various cultures to treat or prevent diseases or promote health and well-being [\[62\]](#page-32-24). Many communities continue to depend on plants as the main tool for healing various illnesses and have established their medical systems on the basis of their unique beliefs, experiences, and theories worldwide [\[63\]](#page-32-25). Traditional and indigenous medical systems are especially widespread throughout communities in Asia that are accountable for a remarkable proportion of the healthcare provided in these countries [\[64](#page-32-26)[,65\]](#page-32-27). Ayurveda, Jamu, traditional Philippines, traditional Malay, Sowa Rigpa, Tibetan, Kampo, Siddha, Thai medicine, Unani, and traditional Chinese systems are important sources of livelihood and health for millions of Asian people [\[62](#page-32-24)[,66\]](#page-32-28). Generally, the region's traditional medicine systems are greatly affected by those practiced in the neighboring areas especially of South and East Asia, mainly that of India and China [\[62\]](#page-32-24). In China, different sociolinguistic groups have their own traditional systems and medicinal plant usages that vary based on associated ecology and geography [\[67\]](#page-32-29). For example, Southwest China (kingdom of plants) is renowned for its large variety of ethnic groups with featured traditional cultures. Populations from 33 ethnicities are using plants as a traditional remedy for thousands of years, including Bai, Achang, Bulang, Tibetan, Buyi, Dai, Dong, De'ang, Hani, Dulong, Hui, Han, Jinuo, Lahu, Jingpo, Lisu, Maonan, Luoba, Menba, Molao, Miao, Naxi, Pumi, Nu, Qiang, Shui, She, Tujia, Yao, Wa, Yi, Zhuang, and Gelao people [\[67,](#page-32-29)[68\]](#page-32-30).

8. Conclusions 8. Conclusions

Herbal medicines have been utilized for thousands of years as principal therapeutic Herbal medicines have been utilized for thousands of years as principal therapeutic agents for treating various human illnesses in many countries. Recently, a growing number of studies have been carried out to prove the efficacy of these medicines against the assigned disorders. *F. sinkiangensis* is among the most valuable species of the genus *Ferula* assigned disorders. *F. sinkiangensis* is among the most valuable species of the genus *Ferula* that possess various traditional applications in treating various disorders such as bronchitis, diarrhea, malaria, gastric disorders, and rheumatoid arthritis. In this work, 194 metabolites have been characterized from various parts of this plant, including aerial parts, seed, roots, gum resin, oleo-gum resin, and resins (Figure [21\)](#page-27-0).

Figure 21. Number of compounds and their percentage reported from various parts of F. sinkiangensis.

extract. These metabolites belong to various chemical classes. Sesquiterpene coumarins with their structural diversity and contents represent the main and substantial metabolites of this plant (Figure 22). It was obvious that the majority of metabolites have been distinguished from resin

Figure 22. Number of compounds reported from various classes of F. sinkiangensis. SCs: Sesquiterpene coumarins; LGs: Lignans; PHs: Phenolics; SFs: Sulfanes; SPPs: Sesquiterpene phenylpropanoids; panoids; SQs: Sesquiterpenes; MTs: monoterpenes; SCHs: Sesquiterpene chromones; MCs: Mono-SQs: Sesquiterpenes; MTs: monoterpenes; SCHs: Sesquiterpene chromones; MCs: Monoterpene terpene coumarins; Cs: coumarins; OMs: Other metabolites. coumarins; Cs: coumarins; OMs: Other metabolites.

Many studies surmised that these compounds may have a substantial contribution in many of the reported activities of *F. sinkiangensis*. *F. sinkiangensis* had metabolites with marked antifungal and insecticidal capacity that can be valuable in agriculture for insect and plant pathogens control, however, additional field assessment is requested. Its metabolites; **61**, **62**, **65**, **70**, and **120** had notable anticancer potential against different cancer cell lines. These findings would provide evidence for the application of *this* and its fractions in treating cancers. Compound **12** had marked anti-inflammatory and anti-neuroinflammatory potential, revealing its potential as a lead metabolite for therapeutic intervention in various illnesses such as ischemic stroke, Alzheimer's disease, and cerebral ischemia. Many studies proved the anticancer and apoptotic potential of **52** against different cancer cell lines particularly the gastric cancer cells with no toxic effect on the normal cells and no observed abnormality in daily diet, body weight, liver function, and histological features of the spleen, liver, lung, kidney, and heart tissue. This further supported its promising potential for treating gastric cancer as foods or folk medicine, however, additional clinical investigations are needed. To find out more metabolites with unique structures and bioactivity, more phytochemical investigations are demanded and indispensable. Also, new technologies such as metabolomics, transcriptomics, genomics, and proteomics can be applied for discovering more metabolites from this valuable medicinal plant. The plant's mechanism in treating gastric disorders and rheumatoid arthritis is insufficiently explored. Additionally, in-depth in-vivo and in vitro studies of the other bio-activities mechanisms are required. Meanwhile, toxicological, pharmacokinetic, preclinical, quality control, and clinical studies are insistent to estimate the safety and rationale usage of this plant. Finally, the integration of traditional knowledge into ecology-based research for the endangered medicinal plant protection must be promoted.

Supplementary Materials: The following supporting information can be downloaded at: [https://www.](https://www.mdpi.com/article/10.3390/plants12040902/s1) [mdpi.com/article/10.3390/plants12040902/s1,](https://www.mdpi.com/article/10.3390/plants12040902/s1) Table S1: Secondary metabolites reported from Ferula sinkiangensis (Chemical class, molecular weight and formulae, plant part, and origin). References [\[8](#page-30-7)[,13,](#page-30-11)[14,](#page-31-0)[17](#page-31-3)[–19,](#page-31-5)[24](#page-31-9)[,25,](#page-31-11)[27](#page-31-24)[,29,](#page-31-22)[30](#page-31-32)[,35](#page-31-14)[,39–](#page-31-18)[41](#page-31-20)[,43,](#page-32-0)[44](#page-32-1)[,46,](#page-32-3)[48](#page-32-5)[,50](#page-32-13)[–52,](#page-32-14)[60\]](#page-32-22) are cited in the Supplementary Materials.

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Abbreviations

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